



From the Vice President



Don is away in the sunny north this month has asked me to fill in.

Both our District Aggregate teams have now swum and it was great to see the team spirit on both nights. We are one of a few clubs in the district to field two teams. This means that over 50 of our swimmers will experience the thrill of competing at this level in a team atmosphere. I have provided a separate report on the Aggregate competition in this issue.

Mike Langford (our new Competition Coordinator) and Danny are working together to fill out our competition calendar for the remainder of the season—this is an ongoing process as the needs of the swimmers and available meets are revealed. Please keep in touch via both our website and notice board.

As the early stages of the season develops it is exciting to see the blossoming strength of our younger swimmers along with the ongoing progress of our older swimmers. It is essential to keep both in focus as the season progresses.

The progress on our extension is not spectacular but it is steady with necessary site information being gathered (e.g. soil engineering reports) so that as soon as the council position becomes clear we can progress as quickly as possible.

The next month looks very busy with Vic Open SC Champs, the second Aggregate meets for A Grade and B Grade, and a number of qualifying meets for Vic Age SC and Australian Open SC.

Go Yarra Plenty, Go

Loy McCarthy

JAWS Newsletter June 2006

New Members

Yarra Plenty Swimming Club extends a warm welcome to Richard Poulter, Grant Cairns, Piotr Klimkiewicz and Mark Howard.

JAWS AWARD

Lachlan McLeish for being selected on the 2006 Victorian Schools Team.



INSIDE—DON'T MISS

COACHES' CORNER
ANNOUNCEMENTS

MEET REPORTS
NEW CALENDAR INFORMATION
YAP PROFILE

GOOGLE CALENDAR



What an outstanding beginning to the swimming year the first couple of comps have really shown how well the program is running and that everyone has improved in one way or another awesome...

Some highlight's are:

Lachlan having been selected to represent Victoria at the National Schools Meet in Sydney and Placing 3rd with a massive P.B.

Tegan F has been nominated for an award from the City of Banyule and will be presented in July (more info to come).

Also many members of the YP team who swam at the Metro Nth, Vicentre and Metro West meets picked up medals and dropped time off their P.b.s one of the most stand out moments for me was from Rhiannon who although did not place did a fantastic start (perfect underwater work and breakout!!). Well done to all of you!!

Training, now I understand that the workload during training is getting tough but I want you all to remember that there are many clubs with swimmers all training to achieve their best just like you, they also compete against you, so when you feel that the set is a little tough and you want to **Cruise** remember to **Never Surrender, Quit, or Slack Off...**

Because it is for your future successes that you and everyone else is working so hard for right now!!

The next few weeks will be very busy in preparation for the Open and Age State Champs, there will be an expression of interest sheet for these meets placed on the club information board which I will be following up on so check it out!!

Swim Fast to all of the YP swimmers who will be competing at the Haileybury and Surrey Park meets and don't forget to keep an eye on the web site and the notice board for all competition flyers and all other club information...

Well until then, see you at the pool...

Danny G

In the middle of difficulty lies opportunity!

Albert Einstein

Uniform

Lorraine Benson is available for the purchase of uniforms at the pool at the following times:

Monday-	6.30pm or later	Thursday -	6.00 - 7.00pm
Tuesday-	Up to 2.30pm by phone & 8.00pm or later	Friday -	Not available
Wednesday -	6.00pm - 6.30pm	Saturday -	After 1.00pm

Lorraine can be contacted by phone on 9467 1174(leave a message)

Metro North Short Course Time Trials

The Metro North Short Course Time Trial meet was held at Carey Grammar in early June. Yarra Plenty had a very successful meet represented by seventeen swimmers. The events were swum over 100, 200 and 400 metres. Many of our swimmers were attempting events for the first time. Numerous PB's were swum.

Many thanks to all the Mums, Dads, friends and swimmers who assisted the team.

Mike Langford



Metro West

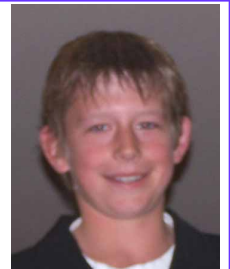
The Metro West Long Course meet was held at MSAC on Sunday June 25th. It started at 8.00am and finished at 3.00pm - it was a long day. Yarra Plenty had twelve swimmers with the following recording top three finishes -

Krzysztof Klimkiewicz
Ally McInnes
Renee Jankus

Teagan Nugent
Nicole Blythe
Ryan Adams

Everyone put in 100% with many PB's - the highlight was Ashlee Blythe's 7 second PB in the 50 Breaststroke costing Alan \$50

Jack Langford



Metro West (2)

At 7am on the 25th of June we were on our way to MSAC for my swimming competitions. I had 5 races, all of them I got PB's. I did 100 Free, 100 Breast, 100 Back, 100 Fly, 200 IM. It was tiring. After the competition was finished we went in the wave pool and got to go on the slide. It was good.

Shanice Morrison



Results for Melbourne Vicentre Meet held on June 17 at MSAC can be found at www.vicnet.net.au/~ypsc

All other YP results can also be found there.

ANN BRAUMAN

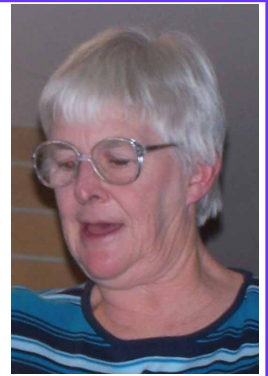
Ann Brauman has been our Club Day Recorder "forever" since her own children were young swimmers and they are now parents themselves.

Ann has marked down attendances, taken down times, distributed time sheets, highlighted PB's for several Competition Coordinators, calculated Aggregate termly medal-winners and annual Aggregate trophy winners and much more. The "much more" includes looking after reception on Saturday afternoons and assisting in a variety of roles at every club meet including club championships.

For the last few years she has actually come from Tullamarine every Saturday to club, and by train!

Ann has decided to 'call it a day'. Her dedication to Yarra Plenty Swimming Club is much appreciated. Thank-you Ann and may you enjoy your free Saturdays.

We are fortunate in that Angela Janman has offered to take over the role of Club Day Recorder.



COLIN HOLMES

Colin has decided to hang up the fins and go fishing, at least for the time being. Colin has been the inimitable coach and cajoler of our Super Special Seniors group, fondly known as "SSS", for several years. He has also done a lot of work with our youngest swimmers over the years at club training nights.

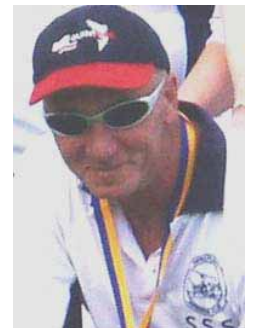
Colin has been able to pass on his passion and knowledge of swimming to the confident and unconfident alike. It has been amazing to see the improvement in his adult swimmers, some coming to him unable to swim. Now they do stacks of laps without a second thought.

Colin manages to encourage all without the pressure and without them feeling they have to measure up to any standard, just enjoy the swimming, enjoy the social context, have a few laughs, get better at swimming and get fitter. All hang-ups overcome. Some of his pupils enter competitions and more enter Open Water activities with very pleasing results.

All along the way Colin has made sure that others develop expertise in swimming and are able to lead sessions. We are fortunate in that Colin's offside, Michelle Rollins, is continuing and that 2-3 other SSS swimmers will assist her.

Thanks Colin, and may the big fish bite.

(SSS is for adult Yarra Plenty members every Tuesday 7.45-9.00pm at our pool)



On the 11th of June, 2006 I went to the Primary & Secondary School Swimming Championships, which was held at the Sydney Aquatic Centre, which was held from the 12th to the 16th of June.

We had to travel to Sydney as a team wearing our Team Vic uniform. The flight to Sydney took about an hour and a half, it was very bumpy. When we arrived in Sydney we had a quick team meeting then we all went to our hotels. As soon as we got to our hotel we dumped our bags and went to the Sydney Harbour Bridge and the Opera House. After that, we went back to our hotel.

When we got to the pool on Monday we quickly found out that if you were not swimming you had to sit and watch for the whole day. Which was extremely boring at times but this was a good opportunity to make friends within the team from other swimming clubs throughout the state. We cheered our fellow Team Vic members as they were swimming. It was also pretty awesome when the whole team gathered together to do the team chants. Some were a bit weird but we all came away pretty fired up and with a big smile on our face. During this first session we also swapped our Team Vic badges with all of the other states. I was also lucky enough to swap (well mum did because I was too chicken) my spare VIC cap for a QLD cap.



After Monday's session had finished we went back to the hotel and watched the Queen's Birthday AFL match. We then went down for tea. After tea we went back to our room and watched television then went to sleep.

As soon as we entered the pool area we took our seats and watched. At 11:10 am I went down to the warm-up pool to do a bit of swimming for 45 mins. After the warm-up I got changed and had lunch then sat down and watched some more. After the pool session had finished we walked back to the hotel with friends and my Mum pointed out these fountains and despite being told we were not allowed to run through them, we did.

After getting to the pool at 8:00 am I had to do a Warm-Up because I was swimming that morning. I was swimming the medley relay and I was swimming the backstroke leg. While I was swimming in my race I realized I was going faster than I had ever gone and when I reached the other end, sure enough, I had done a one second p.b with a time of 36.05. When the freestyle leg had finished I realized that we had come in 3rd and we were getting a bronze medal! While I was standing upon the podium I was more excited than I had ever been.

When we got to the pool at 8:00 am I once again did a warm-up because I was swimming the 50 metres backstroke. As soon as the marshalling board reached event no 155 I went down to marshalling and I felt very nervous. As soon as I entered the water ready to start I felt relaxed. It turned out that when I had finished the race I had come in 5th and I had done a 37:15. This turned out to be fast enough to qualify for the final and I was stoked!

After the lunch break I had the 50 metres backstroke final. When I finished the race I had finished 8th and done a time of 37:12. I would've gone faster but I had a very a bad start which I went too high out of the water and went too deep in the water. After we left we decided that we would go to Luna Park with a friend. The rides that we went on were The Mouse Trap, The Big Dipper, and the Dodge 'em' Cars. After Luna Park we went out for tea with a few of members of the team as it was one of the girl's birthdays. We went to Dooley's. At Dooley's there was a playground with a Jumping Castle and a ball pit. Using the balls in the ball pit my friend Keelan and I started throwing the balls at the girls. Then we waited one hour for a taxi went back to the hotel and went straight to sleep.

After getting up a bit later despite that I was swimming on Friday we didn't need to be at the pool until 9:00 am so we went down and had a buffet breakfast. About an hour later we made our way down to the pool and as soon as I walked in the door I hurried and went down to the pool deck and did a Warm-Up. After the Warm-Up I got changed into my Aquablades and got ready to marshal for my 4 by 50 Freestyle relay. I was swimming second. After the race had finished we had come 5th. After the pool session the closing ceremony was held then we went back to the hotel, grabbed our bags and headed out the front to wait for a taxi. When the taxi had arrived and our bags were in the boot we were off. When we arrived at the Airport we had a team meeting and then we boarded the plane that would take us back to Melbourne.

Overall it was a fantastic experience in which I have made some very good friends. I just wish all of the kids in the club could at some stage experience what I did as it was heaps of fun and very motivational. But for now, it is back to the pool for the hard slog to try to make the team again for next year which is to be held in Hobart.

Lachlan McLeish

The District Aggregate teams in A Grade and B Grade were rearranged after the first night's competition AFTER the first night! Mill Park were moved from A to B. This was possible as the programs swum in each grade were the same. The reason being to even out the number of teams in each grade and hence make the seating at Carey Pool more bearable for the swimmers and parents.

According to the original nominations by clubs there were going to be 7 teams in each of A Grade and B Grade. Two teams (Mill Park and Ivanhoe Neons) withdrew from B Grade leaving 7 in A and 5 in B. C Grade does not swim until 9th July so it is unknown if any of the 8 teams there will withdraw. I expect at least two will not swim but this should not cause any further adjustment.

Aggregate competition consists of two divisions — a 9&under division that spans all Grades and is too complex in its scoring to report upon until the end of all three meets. The other Division consists of two parts—a relay competition based on 4 age groups and secondly a Club competition based on individual representative swims. The relay competition is what decides the team grading based on a promotion and relegation system.

Loy McCarthy

A Grade

		Relay	Indiv
1	Ivanhoe Neons	108	26
2	Carey A	99	15
3	Eltham	76.5	12
4	Yarra Plenty	75.5	12
5	Donc/Temp	70	14
<i>Less all points due to non-payment of registration</i>			
6	Carey B	29	8

B Grade

		Relay	Indiv
1	Northcote	115	24
2	Yarra Plenty	95	18
3	Diamond Valley	78	18
4	Diamond Creek	73	2
5	Mill Park	65	6
6	Ivan. Aquapower	40	9

Google Calendar

On the Club website www.vicnet.net.au/~ypsc I have been looking at the new internet tool Google Calendar which is a 'shared by the web' calendar application that can be used to automatically (semi-automatically?) share and update common events between users. I think it **may** be useful for Yarra Plenty for training times, Club days and events, and Calendar events. I will supply the updates for the Calendars for a couple of months and see if Club members find it useful—if you do please let me know otherwise I will discontinue the updates—the tool also may change by then.

Have a look and let me know. If you have any questions email me.

Loy McCarthy

2006/2007 Executive Committee members

President	Secretary	Treasurer
Don Abbott	Gail Blythe	Mitzi McCarthy
Competition Co-ordinator		Vice President
Mike Langford		Loy McCarthy
Yarra Swim School Manager		
Helen Webb		
General Committee Members		
Wayne Chivers, Russell Tilley, Linda Marshall, Raelene McLeish, Ian Owens		

2006/07 Non-Committee Appointments

Public Officer	Colin Cortous
Jaws Editor	Elsa McCarthy
Webmaster	Loy McCarthy
Registrar	Margaret Shaw
Grievance Officer	Colin Cortous
Uniform Coordinator	Lorraine Benson
Metro North Rep	Russell Tilley
Recorder	Loy McCarthy
Club Day Manager	Linda Marshall

July 2006

- 1 Club Day 2:30pm YAP Pool
- 3 Closing Date Eltham SC
- 7 Closing Date Vic Open SC Champs
- 8 Club Day 2:30pm YAP Pool
- 9 Surrey Park SC Meet MSAC
- 15 Club Day 2:30pm YAP Pool
- 16 MN Aggregate Meet—A2
- 22-23 Victorian Open Short Course Champs
- 22 Club Day 2:30pm YAP Pool
- 26 Closing Date Nunawading SC
- 27 Closing Date Aust SC Champs
- 29 Club Day 2:30pm YAP Pool
- 30 Eltham SC Meet MSAC
- 30 MN Aggregate Meet—B2

August 2006

- 12 Nunawading SC Meet MSAC
- 13 MN Aggregate Meet—A3
- 18 Closing Date Vic Age SC Champs
- 20 MN Aggregate Meet—B3
- 25-28 Australian SC Championships Hobart

September 2006

- 3, 9-10 Victorian Age (11/U - 18yrs) SC Champs

October 2006

- 6 Spring Interclub W1
- 9 MN District Champs—MSAC
- 13 Spring Interclub W2
- 20 Spring Interclub W3
- 27 Spring Interclub W4
- 28-29 Victorian LC Distance Meet

November 2006

- 3 Spring Interclub W5
- 12 Swimming Proficiencies—YAP pool
- 18 MN Scratch Meet Richmond (13 & over)
- 19 Metro 7-10 Encouragement Meet MSAC
- 25 MN Scratch Meet Richmond (12 & under)

December 2006

- 2-3,9-10 SV December Comp MSAC
- 3-10 Australian Open Championships Brisbane

January 2007

- 3-7 Victorian Open & 12/u Champs
- 9-13 Victorian Age (13-18) Champs

February 2007

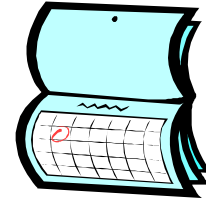
- TBA All Junior Heats
- 17-18 Vic Sprint Champs

March 2007

- 10&11 Semis and Finals All Juniors
- TBA MN Encouragement Meets

April 2007

- 11-15 Australian Age Championships Perth

**Notes for the Calendar**

Some meets will be added later, including the Club Age and Open championships early in 2007.

MN—Metro North District

Club Day dates have only been set up until July

Most meets require individual swimmers to submit SV Green Cards to the meet organiser.

A small number of meets allow for bulk entries from the Club.

Remember to ask your coach which meets and events are suitable for you.



Remember the
Rebel Discount



Mitre 10 discount cards are available for Watsonia Mitre 10.

If any club member would like to get a discount card they should contact Gail by email on gailb-per@nmit.vic.edu.au or see her at the club.

YAP PROFILE

Name: Tiffany Lim
Age: 12
Suburb: South Morang
Family: Mum: Jenny, Dad: Mendes, Brothers: Kenny and Daniel
School/work: Viewbank College
Favourite food: Junk food.
Favourite movie: You got served
Favourite band/ music: Everything, but classical and country
Other sports/ interests: Netball
Best swimming memory: When I made it to the Northern zone finals
Favourite swimming event/s: 100m Breaststroke
Aspirations/ goals: to make it to the 2014 commonwealth games
If you won a million dollars???
 Go on a big shopping spree and donate money to charities.



June Birthdays

Jack Langford & Margaret Shaw

celebrated their birthdays this month. Where is everyone else? In the other months, of course. But why? Answers to this profound question are welcome.



Deadline for July Jaws
July 25

Email: elsamccarthy@bigpond.com



WANTED—PHOTOS of Members
 Please help us here at Jaws to make articles more interesting by providing photos

DETERMINATION

We will find a way or make one.
 Hannibal



Photos

Thank-you to Raelene McLeish and Gail Blythe

Next Committee Meeting
 7pm
 July 10

Check out Club News via the web site
www.vicnet.net.au/~ypsc
 Go Yarra Plenty!