

U3A BENDIGO INC.

Shared Learning in Mature Years

**Daytime classes & activities
to keep your mind & body active in your life's Third Age**

PROSPECTUS 2009

Classes available in 2009

**ENROLMENT DAY: 9.30am-12.30pm, Wednesday,
28 January, 2009
U3A Rooms, Osborne St Campus,
La Trobe University, Bendigo**

U3A BENDIGO

PO Box 274, Bendigo. 3552
Email u3abgo@netcon.net.au

PROSPECTUS 2009

ENROLMENT DAY: 9.30am-12.30pm, Wednesday, 28 January
U3A Rooms, Osborne St Campus, LTUB.

Where are classes held?	Most classes are held in U3A rooms Osborne St. Others are held at various locations: <ol style="list-style-type: none">1. Uniting Church Hall, Russell St2. Bendigo Retirement Village3. As listed in BUZZ for Walking Groups.
When are the classes held?	Activities are held during the day, Monday to Friday.
How many classes can I attend?	As many or as few as you wish.
Is there a charge for attending classes?	The annual subscription covers the cost of most classes. Some classes incur an extra amount to cover costs of materials, computers etc.
How often do classes meet?	Some groups meet weekly, others fortnightly and others monthly.
Who are the class/group leaders?	Some are members with particular knowledge or experience, who wish to share that knowledge. Others act as convenors, using the Knowledge, skills and interests of the class members.
How do I join a particular group?	By January all members will have received a prospectus outlining the courses to be offered for the year. Enrolment day is held 9.30am-12.30pm, Wednesday, 28 January, 2009.

Courses for 2009

Courses listed are available to all members of U3A Bendigo subject to class size limits in some units. There is no limit to the number of classes members may enrol in. If you wish to join a class it is a good idea to contact the convenor as a courtesy, so she/he is prepared with the number of copies of notes etc needed. All convenors and leaders are volunteers and appreciate being notified if a member is unable to attend a class or if the member is proposing a lengthy absence from the class.

ARMCHAIR TRAVEL

Convenor: David Elvery Tel. 5443 2978

This program is designed for members who would like to share their travel experiences with other members using photographs, films, maps, DVDs. It is proposed that the historical, cultural and geographical aspects of locations visited will provide a deeper understanding of those countries and customs. It is proposed that a different member of the group will lead the discussion at each session.

There are adequate resources for display of photographs etc on DVD and Video Tape, Power Point presentations. It is proposed that this course will be the fourth Thursday of the month at 1.30-3.00pm commencing 26 March.

ART

Convenor: Leila Bryant Tel 5442 8801.

Group meets at 9.30am to 12.00md at the Bendigo Retirement Village, Spring Gully from 19 January.

Art is an enjoyable way to explore personal talents in painting and as a member of a group to receive feedback from other members. Members use their own equipment and art supplies. Other members can give assistance or suggestions on the use of the various media. Choice of art medium and style is up to the individual member. Field trips are a possibility.

ART Exhibition

An exhibition of U3A members' art will be held in Dudley House, View Street 8th – 24th May
Contact Val Wellings Tel. 5441 1721 for further information

ART GALLERY GROUP

Convenor: Val Wellings Tel: 5441 1721

Our group meets at the Bendigo Art Gallery at 10.00am every third Wednesday of each month from 18 February. We join with Friends of the Gallery for "Art and Tea", where we have morning tea and then hear a guest speaker who gives a talk on some aspect of art.

We have visited the National Gallery of Victoria for special exhibitions and also other local galleries.

BOOK REVIEW CLUB

Convenor: David Elvery Tel. 5443 2978

Participants will share experiences of having read significant books of interest – including sharing of brief synopses, readings etc. and prepare synopses of their readings etc for entry in BUZZ.

The first meeting will be a 'Get to know each other' session, sharing memories of books read in childhood and youth. Develop plan for year including leaders for each meeting and for meeting arrangements e.g. 1½ hours with 2 X 20 minutes presentations and discussion

periods. Sessions will be conducted at 1.30pm-3.00pm on the first Monday of each month from 9 March.

BRIDGE

Convenor: Alex Morrison Tel 5444 4049

Bridge is an excellent card game as one never stops learning. There is always something new to discover, to be surprised at, to be delighted with etc. It is only a small group at present but new members would be very welcome.

A background of card playing could be helpful, but some of us have taken up bridge with so little knowledge, that one thinks at first "Trump" means trumpet (music) and "Trick" means a ruse.

Once one has learned some basics, it is a good idea to have a regular player play with you and you work together to outwit the other pair. The games are played between two pairs of players.

The U3A Bendigo members are in the group to enjoy the game, rather than compete in a world championship so there is no pressure. Just right for U3A as the learning never stops.

BUSH WALKING

Convenors: Maree Wallace 5443 0573

The U3A Bushwalking Group provides an opportunity for members to engage in physical activity in a social context. Walks are programmed every Thursday at 8.30am. To cater for the diverse needs and abilities of the members, the program includes walks of varying lengths (usually 6-12 km) and of different degrees of difficulty (easy, medium, hard). Walks are led by members in various locations so it's possible to experience different environments.

Sometimes car-pooling is necessary so walks further afield can be included in the program. Members' expertise and interests, such as local history, native fauna & flora, and geology, are often shared with the group.

The program includes an annual five-day camp in October which includes cabin accommodation and catering to allow participants to relax, socialise, walk and enjoy a different environment.

Details of walks are published each month in the BUZZ.

CHESS

Convenor: Ron Attrill Tel. 5442 6465. Weekly from 8 January

Chess is a fascinating game which dates from time immemorial. It requires patience and perseverance but the reward is well worthwhile. Chess can be played by young and old and by both men and women. You are never too young to learn or too old to begin.

Chess is now played in almost every primary or secondary school because it is recognised that it stimulates the brain and gives immense satisfaction to people of all ages.

Parents and grandparents should not be embarrassed when grandchildren ask them to play because the chess group at U3A Bendigo invites you to join them on Thursday afternoons at 1.30pm and even if you have never played before, members of the group will be pleased to introduce you to the game, explain how the pieces move, help you to gradually build up your skills and gain confidence.

If you have a computer we can assist you to install a program which is suitable for beginners as well as the more advanced

Why not ring the convenor and discuss how you can become involved in this fascinating game.

CHOIR

Convenor: June Ellis Tel. 5443 5331

In 1995 Noel Thomas invited any U3A Bendigo members who liked to sing to form a choir. His idea was for them to have the enjoyment of singing together and if a good sound resulted that would be a bonus.

From a small beginning the Choir now has approximately 30 members. Practices are held in Room 1 at the U3A Bendigo Centre on Wednesday afternoons at 2.15pm except for the fourth Wednesday (U3A Bendigo meeting). Most of the singing is in unison and no audition is required. Commences 4 February.

Each year the Choir sings to residents of the Hostels and Nursing Homes around Bendigo and also performs occasionally at U3A and community functions.

COMPUTERS

Convenors: Tom Dewhurst Tel. 5444 1232 & Ilsa Ramsay 5441 6215

Are you making the most of your computer? Packaged with every computer is an array of software designed to make such operations as sending emails more efficiently, manipulating family or holiday photos into a professional looking slideshow, checking the internet to see what a Government Minister said in an interview 5 years ago, etc, etc. After mastering the basics there is a wide variety of programs in which people can explore topics of particular interest to them. A synopsis of the range of options available can be seen on the computer room wall.

Many people now have access to their own home computers – some already have some experience. Thus some students will appear to progress more rapidly than others. This does not matter – some students will omit topics that will not be useful to them. They may repeat a topic to gain mastery of it.

We start with word processing, learning how to make corrections, additions and deleting parts. When finished a perfect printout should result. While typing our second document we learn how to make a computer copy a paragraph from our first document into the second document (Cut and Paste). We continue word processing by learning how to set Tab stops for tabulating information. The final exercise in word processing is to produce an attractive pamphlet with pictures and stylish lettering. Classes run most of the year at 9.15-12.15, Mondays and Wednesdays depending on participant demand all year.

COMPUTER USERS' GROUP

Leader: Ilsa Ramsay Tel. 5441 6215

This group is designed for all those members who use computers and wish to get together once a month to discuss computer issues and experience and to help each other.

The group will meet 4th Friday each month at 10.00am from 27 February.

COMPARATIVE RELIGION

Convenor: Ilsa Ramsay Tel. 5441 6215 (and others)

Asian Religions and Beliefs Convenor: Ilsa Ramsay.

Introduction to the Asian religions is part of a larger program discussing the religions of the world. Discussion on the influence of religion on culture and society.

Short Program: 6 weeks. Tuesday afternoons at a date to be fixed.

CREATIVE WRITING

Convenor Estelle Randall, Tel. 5443 1181

The Creative Writing group encourages members to explore different writing styles, e.g. poetry, short story writing, articles and memories.

Members share their work by reading aloud at our fortnightly meetings, but this is the member's choice and is voluntary.

Critiques of members' work is another option available to members if they so wish.

New members are very welcome and we would especially welcome more men as Paul would like some male company.

The group meets fortnightly from 28 January at 10am, 1st & 3rd Fridays in Room 1.

CRIBBAGE

Convenor: Margaret Thomas Tel. 5443 6971

Cribbage is unquestionably the best card game for two players ever developed. It has the further advantage of being an equally enthralling game for three or four players.

No previous knowledge of card playing is necessary and we welcome new members.

The game is played with a standard pack of 52 cards and a special scoring board having 120 holes for each player and one "game hole", plus several other holes into which pegs are fitted. Scoring is simple, however the game provides ample opportunity for experienced players to use winning tactics when playing their six card hand.

The game was invented in 1642 by Sir William Suckling, who came to an untimely end a year later at the ripe old age of 33 years.

Group meets 1.30pm, Tuesdays in Room 1 from 13 January.

CURRENT ISSUES

Co-Convenors for First Term: Anne Sanderson Tel 5442 1925 & Barbara Ritchie Tel 5447 7521.

Current Issues is one of the longest running groups in U3A Bendigo having commenced back in 1990! The Current Issues group meets for two hours each Monday commencing at 1.30pm (except public holidays) in Room 2 commencing Monday, 2 February, 2009

First Term: Each month sessions will in turn discuss: Books I have read; Current Topics;

Visiting Speaker: Eat and Meet with Afternoon Tea

New members are most welcome so come along and share your ideas and opinions.

CRYPTIC CROSSWORDS

Convenor: Jean Cockerell Tel: 5442 2195

The Cryptic Crosswords group welcomes new members. Participants will be helped to learn the rules which enable you to solve these puzzles. A number of crosswords are attempted each week in a cooperative helping way. It is not necessary to have a particular type of brain structure to solve these puzzles. Be warned once you learn the skill it can become addictive.

The group meets weekly at 12md, Thursdays in Room 1 from 8 January.

EMBROIDERY/TAPESTRY

Convenor: Pat Campbell Tel: 5443 9660

Group meets at 2.00pm each Tuesday at the Retirement Village, Spring Gully

The Embroidery group will recommence 3 February, 2009. No special techniques are planned for 2009. Members may choose their piece of work. Some will be continuing with Jacobean crewel work, others with cross-stitch or tapestry.

Some other embroidery forms available to try include Hardanger, Assissi Candlewick, Deerfield (a blue and white style based on Jacobean) Casaguili, Mountmellick etc.

EPICURE GROUP

Leaders: Various (check BUZZ)

The Epicure group is a lunch group which meets once a month in various restaurants, cafes and hotels around Bendigo to sample the venue's cuisine and to hear the goals of the chef in choosing the menu he or she provides. The group has decided to limit the upper cost of mains to \$20.00 so venues are chosen to fit into that limit.

New members are very welcome. As well as an enjoyable meal it's a delightful social occasion to talk and meet members.

Members of the group take it in turns to arrange the venue etc. From 5 February.

Check BUZZ for convenor for month and notify if attending.

FRENCH CONVERSATION

Convenor: Madeleine Achkar Tel. 5439 4703

Conversing in French, reading and translating, learning new vocabulary from the program and are usually based on a theme or French geography, history or magazine articles.

Madeleine is a native French speaker and is able to help participants with pronunciation, idiom etc. The group meets weekly at 10.00am-12.00noon Mondays in Room 1 from 2 February.

HAND-CHIME RINGING

Convenors: Barbara Foster Tel. 54396231 & Helen Ford Tel. 54474062

Chime-ringing is derived from bell-ringing and was introduced to U3A Bendigo by Monica Martin some years ago.

The aim is to learn the skill of playing music by numbers instead of notation and to make music for our own and others' pleasure.

Each player has two chimes or belle-plates and hopefully we have at least eight players per session to play two full octaves.

The more players we have, therefore, the more complex and interesting the music becomes. Needless to say, the mistakes we make are often hilarious but we keep aiming for competence.

We have a selection of recognisable pieces; we sometimes play in retirement homes, schools and aged care facilities.

So if you can count to four, remember your right hand from your left hand and can spare an hour or two on a Monday afternoon at 1.30pm in Room 1, please contact either Barbara or Helen and share our enjoyment. From 2 February.

INSTRUMENTAL GROUP

Convenor: Jean Cockerell Tel: 5442 2195;

Musical Director: Elizabeth Sinclair (violin)

Meets at 1.30pm, each Friday in Room 1, U3A rooms from 6 February.

The Instrument Group has ten players, on violin, flute, occasional bassoon, and four sizes of recorder. We also sometimes have some percussion. We rehearse weekly, and take gigs to various institutions from time to time. The recorder sound is enhanced by the addition of the other instruments and we no longer call ourselves the Recorder Group.

Several of our players have learned to play the recorder within the group, and new members who wish to learn are welcome. Players of other instruments who can already read music would also be welcome. At this stage we only have sheet music for instruments in C.

Making music together, however imperfectly, is much more fun than just listening. It is also very good for keeping the brain active and staving off memory loss.

'BE A GOOD NEIGHBOUR'

Frances Fallon Tel 5442 3701

This course is designed as a social gathering with a twist. The group will meet together for 1 ½ -2 hours once a month to knit toys, squares, garments for charities e.g. rugs for the Fistula Hospital in Addis Ababa, care-bears for children in hospital, caps for prem babies, or for another group decided on by the U3A group. Share a cuppa, a chat and help someone in need. From 9 March.

MATHEMATICS

Convenor: Arthur Roberts Tel 5442 5832

A mathemagical mystery tour with an idiosyncratic guide.

An investigation of the history and development of mathematics, hopefully without a frightening amount of algebra. Definitely pre-digital although an ability to count on one's fingers will be an advantage.

A six week course for two hours per week in first term, beginning at a date to be advised in the BUZZ

MATHEMATICS IN ANCIENT EGYPT

Convenor: Terry Mills Tel. 5442 6740

We tend to associate ancient Egypt with pyramids, sphinxes, hieroglyphs, Pharaohs and Moses. The ancient Egyptians also had a very interesting approach to mathematics. Most books, exhibitions and documentaries tend to ignore this aspect of their lives and culture. We will explore their mathematical systems in three one-hour sessions. We will learn something about the written language, arithmetic, fractions and geometry. As the mathematics involved is only primary school mathematics you will be surprised by their skill and ingenuity.

Terry is an Emeritus Professor at LTUB and the author of “Problems in Probability” (World Scientific, Singapore, 2001) and co-author of several articles on the history of mathematics.

MAH JONG

Convenor: Alan Rawlins, Tel. 5449 6714

The Western version of Mah Jong as we play it has developed from the ancient Chinese gambling game. The Chinese game was played using a variety of rules throughout different regions,

In 1920 Joseph Babcock, an American representative of the Standard Oil Company who worked in China, simplified the game and introduced a standard set of rules which we can use today. This game is known as the Western Version of Mah Jong and is not associated with gambling.

Mah Jong is a game for two, three or four players. In turn players draw one tile at a time from the stack – known as a wall – or pick up a discard, then put out one tile. An ordinary winning hand will contain tiles of all one suit in four defined groups of three or four tiles and one pair but may also include Honour Tiles. The first player to achieve this structure, though not necessarily obtaining the highest score, wins the hand.

The Mah Jong group meets at 9.20am. Tuesdays in Room 1 beginning 13 January.

MY STORY

Convenor Patricia Reynolds Tel 5444 4515

This group will meet monthly to write about a particular time or happening in their lives. This awakes old memories and contributes to that ‘Life History’ you were always going to write for your grandchildren. Members meet monthly and decide a particular happening to write about e.g. Christmas, When I was a child. They spend a quiet time writing their memories down and then if they wish, they share their stories. When they reach home each one can then add to that elusive catalogue of their lives. Confidentiality of the material written and heard within the group is important to the success of the group. Meeting first Wednesday at 10.00am from 4 February

PETANQUE

Convenor: Anne Driesen Tel. 5444 4758

Pétanque is distinct from its many related games, bocce (Italy), bolas (Spain), klootschieten (Holland), kubb (Sweden), lawn bowls (England) etc, being specifically designed to allow the wheelchair bound to compete on equal terms with the more mobile.

The name derives from the Provençal term *pés tanquées*, in English, stuck feet, as the game requires the player to throw with their feet together inside a 25 cm circle.

The aim of the game of Pétanque is simple, playing pétanque is placing your boule nearer to the cochonet (coche) and keeping your opponents boule away. In fact the first aim of the game ought to be PLACING YOUR BOULE where you want them,

rather than knocking objects out of the way.

The game is played between two teams, it can be two players, one against one (French "Tête-a-Tête") with three boule each, or four players, two against two ("Doublets") again with three boule each, or six players, three against three ("Triplette") playing with two boule each.

Pétanque will be played either in the area outside the U3A rooms or at a place to be advised at 3.00pm Fridays.

PHILOSOPHY

Convenor: Patricia Reynolds Tel 5444 4515

This year we will be looking at Australian philosophers who have punched well above their weight internationally. Just think Peter Singer, but there was Samuel Alexander who, as a Sydney graduate and a distinguished graduate of Oxford became the first Jewish scholar to be appointed a fellow of Oxbridge colleges and the first Australian to receive the British Order of Merit. His bust stands in the foyer of the Alexander Theatre at Monash University. David Armstrong, Max Charlesworth, Nicolas Tonti-Philippini are well-known philosophers. This four session course will probably run on Tuesday mornings on a fortnightly basis in April and May.

PLAY READING

Convenor: Ann Parris Tel. 5443 0430

The purpose of this program is pure enjoyment. A wide variety of plays will be tackled; key parts will be changed from member to member during any play reading. There are no expectations of performance or learning lines.

The course will run between 11.30am and 2.00pm with break for BYO lunch on the first and third Wednesdays of each month from 4 February.

PUBLIC LECTURES

Organisers: Alan Rawlins and his committee. As in 2008 these public lectures will be held in Autumn and Spring in the McKay Lecture Theatre at La Trobe University.

These lectures are coordinated through La Trobe University who provide the accommodation and advertise the lectures through their internal news via their internet system.

One of the aims of these lectures is to bring U3A Bendigo to the notice of the general community and so the timing of the lectures is to allow members of the public to attend after work without the need for sacrificing an evening with the family. Please keep your eyes and ears open as to when these are being held as we would welcome many more members to these great opportunities to extend our knowledge of the world around us.

PLANTS, SOIL AND GROWING THINGS

Convenor: Peter Eisen Tel. 5439 7156

The main focus of this course will discuss soils management, plants and their progress, plant and soil diseases. Problem solving of gardening issues raised by participants will be addressed. Information and technical input on soil structure and composts, plant behaviour, watering, weeds and pests.

The course will be six sessions, each of two hours at 10.30am on Tuesday mornings weekly. Commencement date 17 February.

ROUND AUSTRALIA: The Grey Nomad Trail.

Convenor: John Neil Tel. 5443 5175

Topic oriented rather than tracing routes on a map. Topics would include: mountains, volcanic features, coastlines, plains, valleys and gorges. Understanding the scenery and the reasons for its particular qualities. Incidental historical narrative, especially relating to early exploration. Possible length 5-6 weeks. Commencement date to be advised in BUZZ, will be late April on Tuesday afternoons.

UNDERSTANDING CHANGE, LOSS & GRIEF

Convenor: Helen McIntyre Tel: 5444 5899

This 2.5 hour information workshop aims to increase one's understanding of the nature of, and reactions to change, loss and grief as well as strategies for attending to grief.

This program is an educative one rather than counselling or therapeutic approach and has been developed and produced by "Good Grief" and the McKillop Foundation.

STAYING ACTIVE

Convenor: Linda Dewhurst Tel 5444 1232

The Staying Active group meets each week at 10am Thursdays in different venues to walk for a half-hour and to share a chat over coffee after their walk. It combines a little active walking on level ground with a social activity.

Those interested in joining the group are invited to contact Linda. Meeting place is listed each month in the BUZZ. New members welcome Commencing 4 March.

SUBJECTS AT LATROBE UNIVERSITY, 2009

Any financial member of U3A Bendigo may attend lectures in a subject or subjects of their choice without cost. You will not participate in tutorials nor do assignments or examinations. Your attendance is subject to the approval of the Deans of the appropriate faculty.

Information is available online at www.latrobe.edu.au/handbook

TABLE TENNIS

Convenors: John Evers Tel. 5439 4489 or Michael Durant Tel. 5442 4248

Do you want to add a little more exercise to your life?

If the answer is yes, just come along to our venue located at the Uniting Church Hall, Russell Street, Bendigo Wednesdays at 9.00am and play Table Tennis.

It is a great way to get some regular exercise amongst a wonderful group of U3A Bendigo members with the same idea. Our members' approach to the game varies so much that you would easily fit into any game played and have an enjoyable time. Morning Tea, Coffee or Milo is available during a friendly morning break.

Just bring yourself, comfortable non-skid footwear, a table tennis bat and \$1.00, along to the venue for a 9.00am-11.00am Table Tennis workout.

For further information contact John or Michael.

THOMAS HARDY - Novelist and Poet.

Convenor: John Neil Tel. 5443 5175

Hardy's major novels and selections from his poetry will be discussed. His philosophy of life and the influence of the human and natural environments had on his work. His place in English Literature. A DVD of his work and the Hardy Country of Dorset will be shown (A Dorset Historical Society Production - approx. 1 1/2 hr.)

Possible length 4-5 weeks. See BUZZ for starting date: Late May on Tuesday afternoons.

WALKING FOR FITNESS

Convenor: Glenda Thomas Tel. 5443 7694

All walks on Thursday commence at 9.30am. The one hour walk is brisk, covering five or six km. Most walks are on good paths but some bushwalking is included. Wear good comfortable walking shoes. A hat and water are recommended. Meetings vary from month to month so check weekly locations carefully (listed in the BUZZ). New members always welcome.

U3A ONLINE

U3A Online provides courses that you can access by registering online at <http://u3aonline.org.au/> and receiving a free user name and password. U3A Bendigo is a

licensed site so course material may also be accessed for group study at U3A Bendigo. There is a cost of \$20.00 for a U3A member to undertake a course. You need to be a member of a U3A to be eligible to join U3A Online. U3A Bendigo is a member of U3A Online.

U3A Online Group Study Courses:

Enable you to study with a course leader who will often be the writer of the course. We regret we are not able to offer all courses in this version. The courses listed with a Course Leader are also available for independent study.

Course Name	Next Start Date	Finish Date	Run By
<u>Antarctica</u>	05-01-2009	02-03-2009	U3AOL
<u>Astronomy</u>	16-02-2009	13-04-2009	U3AOL
<u>Autobiography and Journaling</u>	05-01-2009	02-03-2009	U3AOL
<u>Botany for Knowledge and Enjoyment</u>	05-01-2009	02-03-2009	U3AOL
<u>Continents on the Move</u>	05-01-2009	02-03-2009	U3AOL
<u>Design in Your Life</u>	16-02-2009	13-04-2009	U3AOL
<u>Food for Thought</u>	02-02-2009	18-05-2009	U3AOL
<u>Genealogy Online</u>	01-12-2008	26-01-2009	U3AOL
<u>Introduction to Western Philosophy</u>	16-02-2009	13-04-2009	U3AOL
<u>My Life Story</u>	05-01-2009	02-03-2009	U3AOL
<u>Renaissance Italy</u>	19-01-2009	23-03-2009	U3AOL
<u>The Evolution of life on Planet Earth</u>	02-02-2009	06-04-2009	U3AOL
<u>The Shaping of the Modern Mind</u>	02-02-2009	03-03-2009	U3AOL
<u>Writing Family History</u>	16-02-2009	30-03-2009	U3AOL
<u>Writing for Pleasure</u>	05-01-2009	02-03-2009	U3AOL

Independent Study Courses

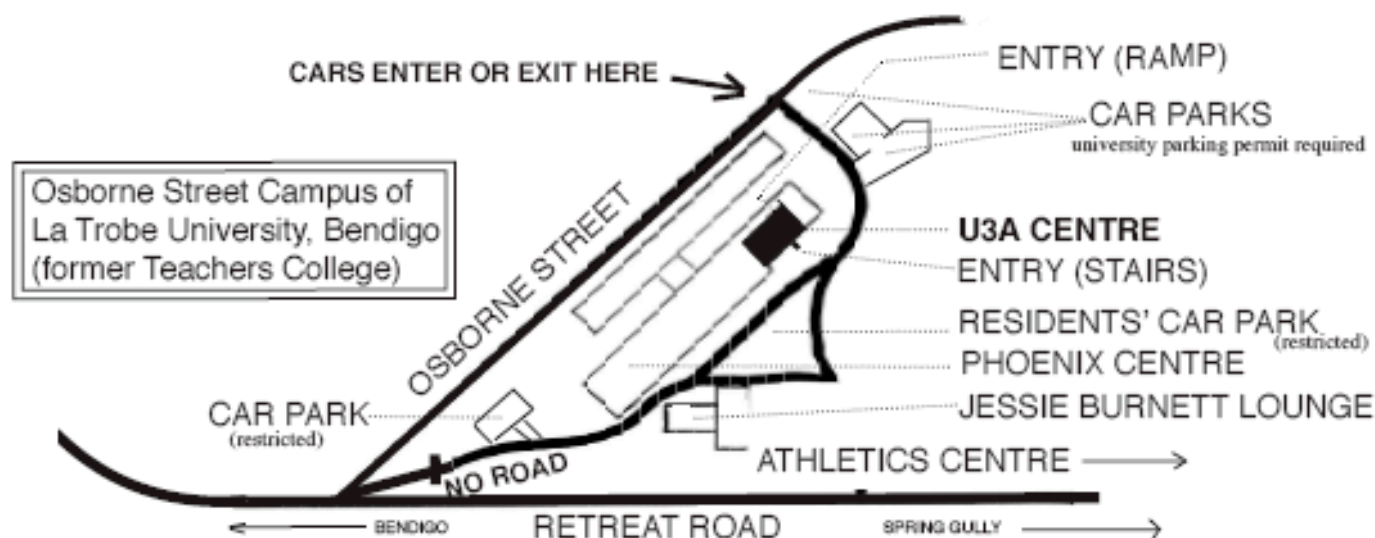
Independent study courses allow you to work at your own rate whenever it suits you. You can enrol at any time during the year and you will remain enrolled in that course for twelve months.

Course Name	Run By
<u>Ageing and Retirement</u>	U3AOL
<u>Antarctica</u>	U3AOL
<u>Artists of Spain</u>	TAT
<u>Astronomy</u>	U3AOL
<u>Autobiography and Journaling</u>	U3AOL
<u>Botany for Knowledge and Enjoyment</u>	U3AOL
<u>Continents on the Move</u>	U3AOL
<u>Creative Writing: Fiction TAT</u>	TAT
<u>Creative Writing: Poetry TAT</u>	TAT
<u>Design in Your Life</u>	U3AOL
<u>Digital Imaging TAT</u>	TAT
<u>Food for Thought</u>	U3AOL
<u>Garden History</u>	TAT
<u>Genealogy Online</u>	U3AOL

The courses listed in the previous pages form the basis of our program for 2009. Please read carefully and decide which activities or studies you would like to pursue in 2009. May 2009 be an active time for you mentally and physically. Enjoy your choices. Thank you to all those convenors who will be giving time and energy in arranging this program.

Patricia Reynolds
Course Coordinator Tel. 5444 451

WHERE WE ARE



Daytime classes and activities
to keep your mind and your body active
in your life's Third Age.

U3A Bendigo - Shared Learning in Mature Years.

If undeliverable return to
U3A BENDIGO Inc
PO BOX 274,
BENDIGO VIC 3552



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The BUZZ
Courses
2009