

## Welcome to teams who've joined since August 2001:

**NSW** Ronald & Alison McWhirter  
**Qld** Grant Enchelmaier & Sandy Bradley  
Wayne & Joanne Hedrick  
Andrew Row & Jade Nixon  
Alan & Glenys France  
Raelene & Keith Rowland  
**SA** Paul Mathews & Kaye Dwyer  
**VIC** Dan & Heather Pelly  
Brian & Sue Drummond  
**NZ** Philip & Louise Shambrook  
Ross & Maura Skilton  
Charles & Joanne le Heron

## Fees Due

October is membership renewal time. So, to make sure you continue to receive member benefits, such as this newsletter, fill out the membership form on p7 and mail it with your \$20 cheque (put your name on the back) to the club's PO Box.



## Daisy, Daisy, tell me your answer, do...



Dear Daisy,

*I love feeling the wind in my hair while cycling, but the wind in my face is proving a little challenging to deal with. What should I do about my captain's flatulence?*

*Breathless*

Dear Breathless

*You have two options. The first is to control your captain's diet. Make a public announcement at any function that your captain can not be fed high-fibre products such as baked beans, liquorice or beer. Your captain's potential embarrassment will be outweighed by your increased comfort. Alternatively, visit a disposal store and buy a gas mask. It will freshen the air and your captain won't be able to hear if you're gasping up hills.*

*Daisy*

Ask Daisy the answer: email: [dear\\_daisy\\_daisy@hotmail.com](mailto:dear_daisy_daisy@hotmail.com)

Tandem Club of Australia Inc  
Association No A0013906X  
PO Box 12259  
MELBOURNE VIC 8006  
<<http://home.vicnet.net.au/~tandem/>>

# The Two Times

The newsletter of the Tandem Club of Australia



## Pres's Press

Welcome to another edition of your Tandem newsletter.

It is with sadness

that I must convey the unfortunate death of one of our members. Roy Appleton of 'Cyclerama' in Western Australia passed away on August 19th and will be sorely missed amongst the cycling community there. Roy was a great benefit to the tandem cycling community in Western Australia, having sold many of them through his shop, but also loved the sport of cycling himself. Our sincere sympathy goes out to Diane and family on their loss.

I must thank Ray Martlew for bringing this sad news to our attention. I would also like to congratulate Ray & Merrill for starting their State Representative duties with such incredible enthusiasm and initiative. Thanks to them we are now reciprocal members of the Bicycle Transport Alliance (BTA) in WA and copies of their regular newsletter will be available in our library

along with MBTCs *Spokenotes* and other newsletters. It also sounds as if their first gathering was a resounding success. I know Sally will be keen to get news from this group in the future in addition to all the articles that will be coming from all around Australia.

If you are aware of any cycle shops that stock tandems please pass their names to us and we can find out if they are on our listing already. Your committee has been busy as usual with record keeping, newsletter preparation, memberships, account keeping, replying to enquiries and updating your fantastic website, as usual. Doesn't leave much time for riding does it? Well, thanks to Jaimie Cook and helpers in Qld that's where I'll be riding next at Tropical TwoUp. Sunshine here I come! The train ride will be twice as long as the weekend but well worth it with over 20 tandems already booked, including a staggering three from New Zealand.

Keep Peace in your heart and your loved ones close to yourselves during these troubled times.

Kim Travers

## In Issue No 94:

TwoUp preview

Get gorgeous for TwoUp – costume special

WA ride report

Tandems for sale

Events listing

*Daisy, Daisy, Give me your answer do!  
I'm half crazy, all for the love of you.  
It won't be a stylish marriage;  
I can't afford a carriage.  
But you'll look sweet upon the seat  
Of a bicycle built for two.*

*Henry, Henry, here is your answer true;  
I'm not crazy over the likes of you.  
If you can't afford a carriage,  
forget about the marriage;  
Cause I won't be jammed,  
I won't be crammed  
On a bicycle built for two.*



CYCLING WORLD ILLUSTRATED AUGUST 12, 1896



Publication details:

The Two Times, the newsletter of the Tandem Club of Australia, is published at the end of every odd month (May, July etc). Submissions are welcomed – send articles, hot tips, gossip, questions etc to:

The Two Times Editor  
PO Box 12259  
MELBOURNE VIC 8006  
<dillon\_hines@optusnet.com.au>

Send photos as hard copies (to be returned) or as 200DPI TIFF files.

Deadline: second Friday of odd month

Cover photo:

John Milburn as stoker and one of his former Captains named Chris McGrath. The photos were taken in 1993 just prior to our departure for the International Tandem Peace Ride through East Anglia and Norfolk, UK.

Get your fuzzy mug on the cover – send photo and story (50-word max) to the editor.

Inverse braking for tandems

Compared with a solo bicycle, a tandem is faster on the flat and considerably faster on a downhill. This is because at speeds over approximately 15km/h the main resistance to motion is wind. As your speed increases and the rolling resistance of the tyres, chain and gearing friction increases in proportion but the wind resistance increases with the cube of the speed!

This means that at a steady 40km/h on the flat you are working 40/20 'cubed' = (40/20) x (40/20) x (40/20) = eight times as hard as at a steady 20km/h. In practice, for the same effort as riding a solo bicycle at 20km/h, on a tandem—with a partner similarly inclined—you will attain 25km/h.

The speed increase (25/20 = 5/4 = 1.25 times the speed) when cubed gives 1.25 x 1.25 x 1.25 = 1.95 times the wind resistance, which is matched by the tandem having approximately double the power on board as the solo.

Extrapolating the relationship, 24km/h solo would take the same effort as 30km/h tandem, 28km/h solo equates to 35km/h tandem, 32km/h solo to 40km/h tandem etc, all in the ratio 5/4. So now you know, nothing should stop you!!

Trailer trivia

The VICRoads website, under Road Rules for Cyclists – <www.vicroads.vic.gov.au/traf\_man/bike/bikerules.htm> says:

'...Towing Children in Bicycle Trailers Under the new regulations, a person now may be legally towed in a bicycle trailer, provided: the person riding the bicycle is at least 16 years of age; the person in the trailer is under ten years of age; the bicycle trailer has been constructed to carry a person; and both the person riding the bicycle and the passenger are wearing approved bicycle helmets...'

What is not stated is whether a trailer includes pedal-powered attachments like 'hitch bike' or 'ally cat'

For Sale

Trek Tandem, set up for road racing. Shimano Ultegra 27 speed gearing, Racing rims & slicks. Shimano clip in pedals & shoes size 11-12, Spare wheels, tyres & tubes included.

Asking price \$3500

Allan Lawson 03-9878 3051/  
0414-482 741  
<allanlawson@bigpond.com

Custom road tandem built from Ishiwata tandem tubing set by Karl Wetton in Perth. Size 25"x20", good quality components, good condition.

For a photo plus description and extremely detailed specifications, see my web page at <http://www.tip.net.au/~njpayne/bikestuff/tandem/tandem.htm>.

Asking price \$1200.

Contact Nick Payne,  
<njpayne@pcug.org.au> or on  
02-6295 7793

Both articles by Andrew McDowall

Christie Cycles

80 Burwood Rd, Hawthorn Vic 3122  
tel: (03) 9818 4011  
fax: (03) 9818 4800  
email: chrisccyc@ozemail.com.au

Coming soon!  
www.christiecycles.com.au  
The ultimate source for tandems and bicycle touring.

Ride Calendar

SEPTEMBER

28-30 Nambour, Qld **TwoUp 2001** Fun in the sun at the annual TCA bash Fri-Sun More than 50 tandems expected – be one of them!  
Jaimie & Sue Cook 07-5483 3990 <cookies@spiderweb.com.au>

OCTOBER

14-21 Brisbane, Qld **Bike Week.** Show off your tandem. Contact your local bike shop for details.  
Sun 21 Brisbane, Qld **Great Brisbane Bike Ride.** Make your tandeming presence felt!! 10km, 35km or 55km. Contact your local bike shop for details & entry forms.

NOVEMBER

Sun 4 Brisbane, Qld **Regular Ride.** Janelle Davies 07-3201 0073 <hjpgdavi@gil.com>  
Sat 18 Canberra, ACT **Mt Stromlo circuit.** Meet at 7.30am from outside the Prime Minister's Lodge (corner of Adelaide Avenue and National Circuit, Deakin). About 55km, finishing with morning tea at the top of Mt Stromlo  
Nick Payne 02-6295 7793 <njpayne@pcug.org.au > (only contactable by email between 13 October and 4 November)  
Sun 18 Melbourne, Vic **Sunday afternoon ride** Head to the city and back to the Ricketts Point Tea Room. Meet at the Middle Brighton Pier on the Esplanade (Melway 67 C10) at 1pm. Call Tony Barter 03-9481 5526 to tell him you're coming

DECEMBER

Sun 9 Brisbane, Qld **Queensland Christmas Party.** More to follow next newsletter; any volunteer organisers? contact Janelle Davies 07-3201 0073 <hjpgdavi@gil.com>  
Sun 9 Melbourne, Vic **Victorian Christmas Party** Meet at the floral clock at 1pm. Dress up your bike (and yourself) to do a tour of the city and ride out to Queen's Park in Moonee Ponds. Please RSVP to Tony 03-9581 5526

Run a ride – contact your state rep

...update your diary now!

Tandems on the Web

The club's website is the place to go for online copies of the newsletter, membership and temporary ride membership forms, plus committee and rep contacts, tech talk, photos & classifieds.


Look out for a TwoUp photo spectacular!

<http://home.vicnet.net.au/~tandem/>

Wanted

More photos...more articles...more snippets of useful (useless?) tandem information. Help make your newsletter bigger and brighter. Send all submissions to the editor at the club's PO Box.

And, if your local tandem dealer wants to advertise in the newsletter, Sally would love to talk to them!



**Tandem Club of Australia**  
(A013906X)  
**Membership Application/Renewal**  
(cross out whichever is inapplicable)

Rider 1: \_\_\_\_\_  
Rider 2: \_\_\_\_\_  
Other Riders (children): \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone, home: \_\_\_\_\_  
Phone, work: \_\_\_\_\_ Name: \_\_\_\_\_  
Mobile: \_\_\_\_\_  
Email: \_\_\_\_\_

- Would you like to be included on a TCA email distribution list? yes  no
- Where did you purchase your tandem (if a bike shop, please provide name and address): \_\_\_\_\_
- Are you renewing a membership after an absence of a year or more? yes  no
- If yes, when were you last a member? \_\_\_\_\_

**Payment Details**  
Membership: \$20 per couple (or portion thereof\*)  
International Membership: \$25 nett per couple  
\$ \_\_\_\_\_

enclosed (pls write your name on back of cheque)  
Please return form and cheque or postal order to:  
The Membership Secretary, Tandem Club of Australia,  
PO Box 12259, Melbourne 8006



## Committee Officers

### President

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<arbarter@hotmail.com>

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Merrill & Ray Martlew  
08-9355 0975 (H) <merrillray  
martlew@bigpond.com>

## State Rides – WA

It is true. You do meet the nicest people riding tandems. Merrill and I met a few of them on 16 September at our inaugural WA meeting.

Philip & Helen Torkildsen were the first to arrive with two-year-old Jake in the trailer. They also brought some friends on short bikes. Tom & Marie Wall arrived soon after, followed by Nicky Armstrong on her penny farthing. She also owns a tandem, but Percy Penguin who follows her in a BOB trailer has trouble reaching the pedals. David Stobie cruised in on a tandem with one of his children as stoker, while wife Sally rode with the other son on an articulated trailer cycle (made by David). Don Stallard arrived with daughter Cassie on a little ungeared tandem with 20" wheels.

*It is true. You do meet the nicest people riding tandems.*

Finally Merv & Dawn Thompson unloaded from a friend's van a freshly and beautifully restored 1939 vintage tandem of unknown brand but German manufacture. At that point it was still unriden but that was soon rectified. They dropped out of a vintage car rally to join us – obviously they have their priorities right.

There were other who would have been there but for previous commitments, including Keith Clarke who rides with the Blind Association. They have 15 tandems, and he feels sure they would like to ride with us.

**Ray Martlew**

## Keep the Second Weekend in September 2002 Free!

Take your tandem to the Dungog Pedalfest and we guarantee you an excellent weekend of riding. This is exactly what we did last weekend. The Dungog pedalfest is an annual event that raises money for the Westpac rescue helicopter. It is very well organised (with the help of tandem club members Kerry and Richard) there are various rides to suit all abilities.

The scenery is magnificent. The Saturday ride climbing to Mt Richardson was challenging, the view spectacular and the free muffins at the top well appreciated. On the Sunday we decided on the 62km loop from Dungog through Glen William to Clarendtown and returning through Glen Martin another scenic undulating ride.

We spotted five tandems this year so next year we may see more! We highly recommend this fun weekend. The contact is <www.barringtons.com.au/pedalfest> Dungog is 70km north fo Newcastle, and is accessible by road or train.

**Anne and Phillip Govoronsky**

**The Pegasus Crew**  
226 The Esplanade, Brighton, 3187 Tel: 03 95929100

\* Tandem Hire & Sales  
\* Shop hours to suit

Weekdays: 6pm-8pm  
Weekends: 7am-3pm

**www.the-pegasus-crew.com.au**



## Editorial

This edition should land in your letter box just days before TwoUp 2001. Welcome to all the Queensland and New Zealand members who've signed up just for the event; it's great to have you on board. With members now in every state and territor (and even overseas), we can look forward to more rides, more swapping of tandem tales and more fun.

To all our existing members, don't forget that October is renewal month. So, unless you're going to TwoUp (where the membership fee was included in the registration cost), fill out the form on p7 and post it, with your cheque or money order, to the club's PO Box. That means you'll continue to receive your newsletter, and be covered by club insurance on rides.

Speaking of which, there are a few on the calendar in coming months, with rides in Victoria, Queensland and the ACT. You can always add more – talk to your state representative. We can advertise them by email between newsletters. Start thinking now about Christmas rides – the club provides a small subsidy towards a gathering in each state.

It's a beautiful time of year – get out an enjoy it on your bike,

**Sally Dillon**

## Vale Roy Appleton

Sadly Roy Appleton of Cyclorama suffered a massive heart attack and died on August 19th. Roy (my first recruit to TCA) had a lifetime interest in tandems and cycling generally, having sold more than thirty tandems in WA through his bike shops. He was involved in the cycling sport and industry for some 45 years and will be sadly missed in Perth cycling circles.

Cyclorama will be continued by his family under the leadership of son Jeff (well trained by Dad). While the young ones do not share their parents love of tandems they are all keen cyclists and it is hoped that they will continue to include tandems as part of their stock. Our sympathy to Diane and family in their great loss.

**Ray Martlew**

## TwoUp 2001 preview: Ready for the hill country?

We had been putting it off, but eventually we had to do it! We've promised a more strenuous ride option for TwoUp, but had yet to ride it ourselves. We started a bit earlier than we normally do for a SEQ TCA ride (OK, 8.30am is not that early, but everyone had at least a one hour drive to the start). It's starting to warm up in Qld, with the transition from the low teens overnight to over 20°C usually completed by 9am in the south-east.

The good news is all rides during TwoUp 2001 start with a roaring down-hill from the accommodation venues. You can guess what the bad news is...With that out of the way we headed out toward Palmwoods through rolling strawberry country, with the Blackall Range in full view the whole time. About 12km out we started the climb up toward Montville (avoiding the Hunchy Rd Peter Hines)! Even though the climb looks daunting from the bottom, it's a relatively steady affair with few steep pinches. The rewards are awesome! One lookout on the way up provides sweeping views to the coast over mostly cane and small cropping land. With the spiritual reward taken care of, it's just a few more kilometers on to Montville for rewards of the culinary and cultural kind, with just too many coffee shops, restaurants, ice cream shops and crafty places to make a choice easy about what to do first.

From Montville, we travelled the road along the top of the range to Mapleton which offers a couple of great roller-coaster hills! From Mapleton, there's the option of a trip out to Kenilworth (this brings the ride close to a metric century), but we chose the direct route back

to Nambour. For the speed demons out there, this is a must-do descent! After the first hairpin you can let it rip! We clocked our fastest max speed to date on this hill, slightly wind assisted by the westerly blowing that day (it may seem irresponsible to actually publish this)!

This was a great ride but only one of the options for the Saturday of TwoUp. I'm torn as to which I'd rather do! See you there!

**Jaimie Cook**



OK so it's Peter & Sally again...but it could be you!! Put yourself in this picture and catch views of the Glasshouse Mountains at TwoUp 2002.

The Tandem Club of Australia committee meets on the second Tuesday of odd months; members are welcome at all meetings. Contact the Secretary for details.



## Dress Ups for Dummies

There's something about tandeming that seems to bring out the extrovert in most of us. Remember first buying your tandem and then scrambling to find matching gear? We went the whole hog, with matching shoes, knicks and jerseys (our tandem was making its first showing as our wedding vehicle, after all). And, although we tend to just throw on whatever's to hand for tandem outings these days, when it comes to a big gathering like TwoUp, we like to make an effort.

Pushed for time last year, I grabbed some fuchsia fake fur, cut out hearts and tacked them onto white shirts (top photo). We also hand sewed a length of fur around the entire tandem to cover up the scratches and dents. Another 'Tour T-shirt' has the dates of all our big tandem tours written with one of those puffy fabric paints in a tube.

If you can't be bothered with that much effort, search the wardrobe for a pair of matching T-shirts. With every company and organised event having its own T-shirt these days, you're sure to have a pair of something, even if you borrow one from a friend who did the fun run or bike ride with you. Be innovative, like Tony Barter, and offer to be a riding billboard if a company will supply you with two shirts (centre photo: Tony, with Linda wearing his free shirts from Charmaine's Ice Cream, a Melbourne institution).

Of course, there are some people who can't resist a challenge, and at the Euroa street parade for TwoUp 99, Graham Hill wowed the crowds with Gladys, the dress-shop dummy who sat on the back of the tandem, feet strapped to the pedals (as admired by Fred Surr and Angelika Stoll, at right). Regular stoker Marian Hill did photography duty from the crowd.

Sally Dillon

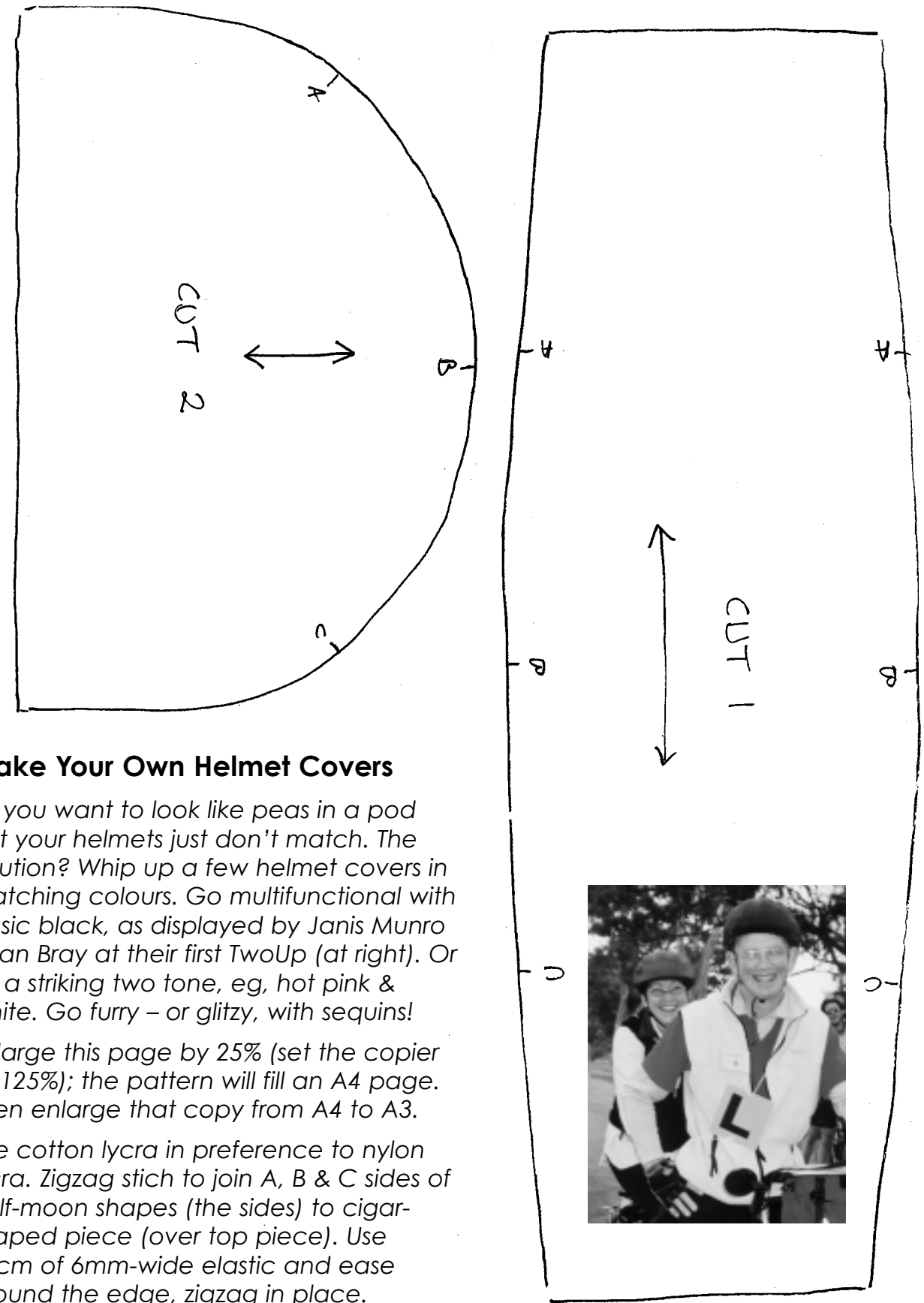


PETER HINES

## How to Get Yourself Gorgeous for TwoUp



SALLY DILLON



### Make Your Own Helmet Covers

So you want to look like peas in a pod but your helmets just don't match. The solution? Whip up a few helmet covers in matching colours. Go multifunctional with basic black, as displayed by Janis Munro & Ian Bray at their first TwoUp (at right). Or try a striking two tone, eg, hot pink & white. Go furry - or glitzy, with sequins!

Enlarge this page by 25% (set the copier to 125%); the pattern will fill an A4 page. Then enlarge that copy from A4 to A3.

Use cotton lycra in preference to nylon lycra. Zigzag stitch to join A, B & C sides of half-moon shapes (the sides) to cigar-shaped piece (over top piece). Use 55cm of 6mm-wide elastic and ease around the edge, zigzag in place.

Pattern & Instructions by Janis Munro.

