

# ST. STEPHENS WOMEN'S ATHLETIC CLUB INC.

## CLUB RECORDS

|                         |   |            |          |
|-------------------------|---|------------|----------|
| 100m                    | Lisa Ingersoll  | 12.4 h     | 12/03/87 |
| 200m                    | Lisa Ingersoll  | 25.9) h    | 21/11/87 |
|                         | Kay Robinson  | 25.9) h    | 02/10/76 |
| 400m                    | Christina Puopolo   | 57.3 h     | 28/12/80 |
| 800m                    | Christina Puopolo   | 2.21.0 h   | 06/12/80 |
| 1500m                   | Cate Macmillan  | 4.54.3 h   | 12/11/83 |
| 3000m                   | Jane Kutchins   | 10.16.0 h  | 22/11/80 |
| 5000m                   | Pat Cooper  | 20.25.0 h  | 26/03/78 |
| 10000m                  | Jane Anderson   | 41.16.0 h  | 13/12/83 |
| 80m Hurdles (U14)       | Kylie Heppner   | 13.5 h     | 01/03/80 |
| 90m Hurdles (U16)       | Julie Pecsovszky  | 14.3 h     | 13/11/82 |
| 100m Hurdles            | Lisa Ingersoll  | 16.4 h     | 27/10/87 |
| 200m Hurdles            | Julie Stone   | 31.7 h     | 02/02/75 |
| 300m Hurdles (U16)      | Sam Llewellyn   | 52.0 h     | 08/11/86 |
| 400m Hurdles            | Julie Stone   | 67.2 h     | 22/02/81 |
| 800m Walk               | Lorraine Young  | 5.59.5 h   | 02/02/74 |
| 1500m Walk              | Lorraine Jachno   | 6.25.1 h   | 04/02/84 |
| 3000m Walk              | Lorraine Jachno   | 13.01.0 h  | 19/02/91 |
| 5000m Walk              | Lorraine Jachno   | 22.17.0 h  | 20/01/90 |
| 10000m Walk             | Lorraine Jachno   | 47.00.59 e | 26/01/89 |
| High Jump               | Cathy Soanes  | 1.62m      | 02/11/83 |
| Long Jump               | Julie Pecsocszky  | 5.20m      | 05/02/83 |
| Triple Jump             | Lisa Ingersoll  | 10.58m     | 19/12/88 |
| Discus 1 kg             | June Kerr   | 37.78m     | 14/12/74 |
| Hammer 4 kg             | Astrid Rose   | 20.90m     | 30/03/90 |
| Javelin 600 g           | Robyn Fellowes  | 36.94m     | 13/02/88 |
| Shot Put 4 kg           | Robyn Fellowes  | 12.54m     | 07/11/87 |
| Shot Put 2.724 kg (U15) | Ina Saifoloi  | 10.57m     | 22/10/88 |
| 4 x 100m Relay          | Jan Clancy, Kylie Heppner,<br>Christina Puopolo, Julie Stone                          | 51.1 h     | 19/12/81 |
| 4 x 200m Relay          | Kylie Heppner, Ondine Heppner,<br>Cathy Soanes, Sue Brown                             | 1.50.4 h   | 19/11/83 |
| 4 x 400m Relay          | Christina Puopolo, Jan Clancy,<br>Julie Stone, Ella Blake                             | 4.11.5 h   | 28/02/81 |
| 4 x 800m Relay          | Sue Brown, Elizabeth Cox,<br>Ondine Heppner, Jenny Drake                              | 10.16.0 h  | 18/12/83 |
| 4 x 1500m Relay         | Ondine Heppner, Sue Brown,<br>Jenny Drake, Jane Anderson                              | 21.33.6 h  | 17/12/83 |
| Medley Relay            | Karen Le Rossignol 800m<br>Kay Robinson 400m<br>Wendy Kosbab 200m<br>Julie Stone 200m | 4.30.7 h   | 14/03/76 |