

ST. STEPHENS WOMEN'S ATHLETIC CLUB INC.

CLUB RECORDS

100m	Lisa Ingersoll	12.4 h	12/03/87
200m	Lisa Ingersoll	25.9) h	21/11/87
	Kay Robinson	25.9) h	02/10/76
400m	Christina Puopolo	57.3 h	28/12/80
800m	Christina Puopolo	2.21.0 h	06/12/80
1500m	Cate Macmillan	4.54.3 h	12/11/83
3000m	Jane Kutchins	10.16.0 h	22/11/80
5000m	Pat Cooper	20.25.0 h	26/03/78
10000m	Jane Anderson	41.16.0 h	13/12/83
80m Hurdles (U14)	Kylie Heppner	13.5 h	01/03/80
90m Hurdles (U16)	Julie Pecsovszky	14.3 h	13/11/82
100m Hurdles	Lisa Ingersoll	16.4 h	27/10/87
200m Hurdles	Julie Stone	31.7 h	02/02/75
300m Hurdles (U16)	Sam Llewellyn	52.0 h	08/11/86
400m Hurdles	Julie Stone	67.2 h	22/02/81
800m Walk	Lorraine Young	5.59.5 h	02/02/74
1500m Walk	Lorraine Jachno	6.25.1 h	04/02/84
3000m Walk	Lorraine Jachno	13.01.0 h	19/02/91
5000m Walk	Lorraine Jachno	22.17.0 h	20/01/90
10000m Walk	Lorraine Jachno	47.00.59 e	26/01/89
High Jump	Cathy Soanes	1.62m	02/11/83
Long Jump	Julie Pecsocszky	5.20m	05/02/83
Triple Jump	Lisa Ingersoll	10.58m	19/12/88
Discus 1 kg	June Kerr	37.78m	14/12/74
Hammer 4 kg	Astrid Rose	20.90m	30/03/90
Javelin 600 g	Robyn Fellowes	36.94m	13/02/88
Shot Put 4 kg	Robyn Fellowes	12.54m	07/11/87
Shot Put 2.724 kg (U15)	Ina Saifoloi	10.57m	22/10/88
4 x 100m Relay	Jan Clancy, Kylie Heppner, Christina Puopolo, Julie Stone	51.1 h	19/12/81
4 x 200m Relay	Kylie Heppner, Ondine Heppner, Cathy Soanes, Sue Brown	1.50.4 h	19/11/83
4 x 400m Relay	Christina Puopolo, Jan Clancy, Julie Stone, Ella Blake	4.11.5 h	28/02/81
4 x 800m Relay	Sue Brown, Elizabeth Cox, Ondine Heppner, Jenny Drake	10.16.0 h	18/12/83
4 x 1500m Relay	Ondine Heppner, Sue Brown, Jenny Drake, Jane Anderson	21.33.6 h	17/12/83
Medley Relay	Karen Le Rossignol 800m Kay Robinson 400m Wendy Kosbab 200m Julie Stone 200m	4.30.7 h	14/03/76