



SUNBURY LITTLE  
ATHLETICS CENTRE INC.  
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### Sportsco Sunbury – In Store Promotion

Thank you to all who supported the Little Athletics Sportsco in-store promotion last Tuesday night. It was a great success. Please note that Sportsco has advised:

#### **BOYS & GIRLS WAFFLE TRACK SHOES**

Are available and in stock now  
Offered at an **ongoing 20% DISCOUNT**  
to all Little Athletic Members  
**WHILE STOCKS LAST.**



### Athlete Result Tickets

Athlete's tickets will be handed out this week after their first event. Well done to all athletes so far and we look forward to many more PB's.

### IGA Chest Patches

Chest patches are compulsory for all athletes to wear. If there is an injury we can quickly identify the child and assist them with their medical requirements.

### Fundraising

Sunbury Little Athletics Centre is running a Cadbury chocolate drive in the month of November. Jeanetta and Jo circulated last week and asked families who were interested in selling the chocolates. Thank you to all those families that have signed up. If we missed you and you are interested in selling the chocolates please come and see Jo in the clubhouse. The selling of these chocolates helps to raise valuable funds for continued improvement of our facilities.

### Region Relay Teams

Steve Rodwell the Team Manager and Dean Millane the Club's Coaching Co-ordinator want to start arranging teams for the relays. If you have not already put your name on the board near the announcer please do so asap so they can organise our Sunbury teams. Region relays are on 15<sup>th</sup> November at Diamond Valley – Greensborough. For any further information please see Steve Rodwell or Dean Millane (Dean is also our Chief Starter).

### Parent Helpers

We would like to thank all the Parent Helpers so far this season. The program has been going very smoothly thanks to all your assistance. A reminder to make sure you receive your ticket from the yellow jacket official after you have assisted at an event. A big congratulations to Mr Bauwer for being our lucky helper for week one. Stay tuned this morning for our lucky helper for last week.

## Newsletter #3: 2009/2010 Season 17th October 2009

### Walk Races

Just a reminder that all walks now start at 8.15am for all age groups. Please make sure you are here on time if you wish to participate in these events.

### Lanes & Timing Gates

There was a massive improvement from the younger athletes staying in their lanes last week. Keep up the great effort and brilliant PB's you are all achieving.

**Well done to all the athletes!!**

### Coburg-Sunbury Challenge

Sunbury Little Athletics Centre is holding the Coburg-Sunbury Challenge this year on 8<sup>th</sup> November. This event is on a **Sunday** and athletes compete for normal points. Therefore will be no competition on Saturday the 7th November. This is a great day for Sunbury athletes to meet other athletes competing in the same region. We also need as much help on the day as possible so if there are any parents out there wanting to get in early and offer their assistance please let us know ASAP.

### New Uniforms

We have had communication that our new uniforms are almost ready for dispatch from Kombat (the uniform manufacturer). We expect arrival within the next fortnight. So please stay tuned as we will keep you up to date with our exciting new club uniform.

### Preloved Running Shoes

Currently we have preloved running shoes in various sizes available for purchase in the clubhouse. If you are interested please contact a Committee member.

### Training

Just a reminder! Training is on every Tuesday night at 5pm and it is **FREE**. Last week, even though it was wet, the rain stopped to allow for a productive session. We had discus and shot put training. All athletes who participated had a great time and enjoyed the session.

### Raffle

Congratulations to those families who won the raffles last week. We will have a lucky number draw next week. The Club thanks all who have supported the Sunbury Little Athletics fundraising program so far this season.

For any other information about what is coming up for our athletes, please feel free to ask any of the Committee members – usually in the yellow vests.

Sunbury  
**BIKE HUB**  
Enjoy the experience



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