

PORTFOLIO

ROTARY DISTRICT 9820 GOVERNOR'S NEWSLETTER

FEBRUARY IS WORLD UNDERSTANDING MONTH

FEBRUARY 2008

Greetings fellow Rotarians

February is World Understanding month and President Wilf Wilkinson has quoted the American poet Ralph Waldo Emerson "Peace cannot be achieved through violence; it can only be attained through understanding". As we ponder over these words we are blessed to live in a non-troubled country but we must be compassionate about those who do not live in peace. Our compassion for those less fortunate is evident through the programs that we, as Rotarians, support. The peace that children find by not suffering from Polio, the children who have school books and classrooms, hospitals that we have helped to equip and Shelterboxes, all add up to understanding other folks needs.

President Wilf goes on to say how working towards a common objective can bring people together. This has been evident by the fellowship created within our clubs when embarking on a project, whether locally, nationally or internationally. Even a simple sausage sizzle outside Bunning's creates fellowship, despite the overall smell of sausages on our clothes when finished!

Whilst on the subject of 'understanding' there is a couple of things that Grant and I certainly don't understand. One is the apathy towards our District Conference. We really thought we had struck a winner by offering a conference on our own door step, alleviating the additional costs of fuel and motel accommodation. Somehow the thought of 'Frankston' is in people's minds instead of 'conference'. It is surely the conference and its contents that we should be focusing on not the location. It's still not too late to register for a conference full of interesting speakers and some fantastic food thrown in to boot. Not to mention we have here the opportunity to inject money into our own local community.

It has also been brought to my attention that some clubs are failing to forward on or print out this newsletter each month. I do not understand that either. There is no better way for Rotarians in 9820 to be abreast of



DG Janet McCabon and partner Grant Ellers

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PORTFOLIO is the monthly newsletter of Rotary International District 9820, Victoria, Australia

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www.district9820.org



The Dream Team has returned from their GSE tour of District 2980 in India. The Rotary Club of Frankston North gave them the well deserved welcome home dinner on Saturday. Their tour has been a resounding success and we look forward to seeing their presentation at the 50th District Conference later this month.

Deadline for copy is the 5th day of the month

what is happening. Then I wonder how many actually read Rotary Downunder each month?

On a positive note I am impressed while reading some bulletins what the clubs are endeavouring to achieve. Some projects appear to be huge and others small but the size does not matter, it's the projects that do.

DGE Ken and Margaret have returned safely from International Assembly full of enthusiasm and over

weight bags as I predicted. DGE Ken is now busy preparing for his PETS and District Assembly.

I would like to take this opportunity to thank all the Rotarians who have sent their messages of condolence on the death of my mother Joan Ford PHF.

Till next month
Janet & Grant.

Gardens a delight for patients

Three magnificent gardens have been created by local Rotary Clubs for elderly patients at Peninsula Health's recently built facility, The Mornington Centre.

"This is the first time Rotary Clubs from Frankston, Mt Eliza, Mornington, Rosebud and Sorrento have come together to work on a single project by providing financial assistance and hands-on support," said Geoff Pritchard, President of the Rotary Club of Frankston.

"Members from several other Rotary Clubs including Langwarrin & Frankston North have also offered their support, assisting at working bees. The gardens will bring lasting benefits to both the patients and families that pass through this centre over the coming years," said Dr Sara Watson, Executive Director, Community and Continuing Care.



Rotary club members work on the new gardens at The Mornington Centre.



“All three gardens have clinical benefits for patients including positive psychological effects, an improved sense of wellbeing and they will encourage social engagement.

In the Mobility Garden, patients will be able to practice skills in real life in an outdoor setting including walking and balance. This will improve a patient’s endurance, motivation and confidence.

The Sensory Garden will have therapeutic benefits for patients including lowering their blood pressure and reducing muscle tension.

Family members and patients will be able to spend time together and enjoy the tranquil surroundings in the Visitor’s Garden,” said Sara.

Rotarians from these local clubs and Peninsula Health staff donned their gardening gloves for several weekends of planting at the new centre.

“Our Rotary International theme for this year is ‘Rotary Shares’ which we have seen with the co-operation of many

clubs from the City of Frankston and the Mornington Peninsula areas,” said Geoff.

“The outcome of the project will benefit the senior members of our community,” he added.

Despite the drizzly weather, more than 3000 sustainable plants and trees worth \$15,000 were planted and fully mulched to create the beautiful gardens.

The native plants and trees will be watered from rain tanks and maintained by local volunteers.

“Each of the Rotary Clubs has a rich history of helping us to build a healthier community here on the Mornington Peninsula,” said Sara.

“We are grateful for their kindness in supporting the patients and staff at The Mornington Centre.”

Geoff Pritchard
RC Frankston

Rye Rotary Club give drought affected families a holiday

The Rotary Club of Rye have worked in conjunction with the East Loddon P-12 School (at Pyramid Hill) to give needy drought affected families a week’s holiday at Rye. Last year 2 families came to Rye. We also brought 2 fellows and their families who had worked during the bush fires and then the floods at Licola in Gippsland for a week’s holiday.

This year we are anticipate giving 4 families holidays.

Our thanks go to the In-Laws of member Gavin McPherson for the use of their holiday house. Local attractions have also given us vouchers.

In December the we joined with the Rotary Club of Bendigo–Strathdale in sponsoring 38 children and their teachers and parents from Tarnagulla Primary School to a day’s excursion to the Water Adventure Park near Geelong.

When the 4 members of the Rye Rotary Club who met them at the park, saw the excitement and the great time they had on all the water activities (I am sure they had never seen so much water) we were glad we had been involved with this project. One little boy said it was the best day in his life.

Lorraine Williams
RC Rye



Important Notice

The time and date for District 9820 Changeover has been changed to **lunchtime on the Sunday June 29th.**

Australian Rotary Health Research Fund

ARHRF Announces 2008 Funding

Australian Rotary Health has announced its funding commitment for 2008. Thanks to your support the Fund is awarding over \$3 million dollars in research grants and scholarships to improve the health of Australians.

A breakdown of where the money is going:

Mental Health Grants	\$1,206,841
Ian Scott Scholarships	\$195,000
Post-Doctoral Fellowships	\$150,000
Evaluation Grants	\$700,000
Special Projects	\$40,000

Funding Partners

PhD Scholarships (37)	\$578,000
Research Grants (12)	\$324,000
Grand Total	\$3,193,841

A few of the new projects are:

- Treatment of acute stress disorder secondary to sexual assault: Effectiveness of therapy in a community mental health setting.
- The mental health and wellbeing of young people in remand: Is the prevalence of mental health problems changing?
- Improving the management of acute agitation in the Emergency Department – a multicentre randomised controlled trial.

Donations to ARHRF are tax deductible and can be sent to:

ARHRF, PO Box 3455, Parramatta, NSW, 2124.
Telephone: 02 8837 1900
Email: arhrf@arhrf.org.au

Victorian Research Tops Funding

Ten Victorian researchers have been successful in gaining funding for mental health and rural health projects beginning in 2008 from the ARHRF. This is the most of any State.

The following is a list of the new ARHRF Ian Scott Scholars from Victoria. Ian Scott scholarships are three-year PhD scholarships awarded for research in the area of mental health. They are named after the founder of the ARHRF.

Magenta Simmons – University of Melbourne:

Shared decision making for young people with depressive disorders: Development and feasibility testing of a decision aid.

Esther Chan – Monash University

Improving the management of acute agitation in the Emergency Department – a multicentre randomised controlled trial.

Sylvia Kauer – Royal Children's Hospital/Murdoch Children's Research Institute:

The importance of insight into negative mood, stressful experiences and coping strategies in the prevention and early intervention of adolescent mood disorders.

For more information on the above projects contact Heidi via email: heidihodder@arhrf.org.au or phone: (02) 8837 1900.

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Rotary Foundation News

From the Chairman

Matching Grants

Many Clubs have commented that the matching Grant process is drawn out and just too complicated to get involved.

Your Club secretary will have received notification that the District Foundation Committee is holding a number of Matching Grant Applications that have been verified and "signed off" by overseas clubs and just need a Club here in Australia to agree to be the supporting Club.

This means you just have to put in some funds, the Overseas Clubs have already agreed to put in funds and then District 9820 has funds available from our District Designated Fund (DDF) to also support the project.

Your Club's ongoing responsibility requires follow up on the reporting requirements of the project

Once completed the application is then sent to the Foundation for the amount to be "matched" and a very worthwhile humanitarian project can be implemented.

For details of individual projects refer to chart under "District 9820 Foundation Matching Grants".

If your Club would like to hear more please contact the District Grant Committee Chairman Terry Williams, and Alison Towner, Programs Chairman Merv Williams OR visit the Foundation stand at the District Conference.

Volunteer Service Grant

The District Foundation Committee was pleased to support the application by PP Bob Edgar of the Frankston North Club with his application for a Volunteer Service Grant.

This very well - prepared application has been approved direct by the Foundation and enables PP Bob to visit Tonga to survey and set up a most worthwhile land care project for the people of Tonga.

This project will also provide District Clubs and individuals with the opportunity to become involved in the project under the RAWCS program.

This is the first grant under the Volunteer Service banner that has been awarded to an individual in this District and our congratulations to PP Bob and the Frankston North Club for its support to the project. If you want to hear more about how to go about such an application I am sure Bob would be happy to answer your questions.

See you all at the Conference

PDG David Louden

DRFCC 9820

District Simplified Grants

At its February meeting the District Foundation Committee approved the following District Simplified Grants. A total of \$10,216 was distributed to assist clubs in their projects. Each of these projects met D.G.Janet’s objectives for DSGs to assist Humanitarian projects within the Club’s local community, covering Health, Hunger, Water, or Literacy.

District Simplified Grants are a tool for Rotary clubs to support short-term humanitarian projects that benefit the community. Funding for these grants are gained from a percentage of District 9820 Clubs annual contributions to The Rotary Foundation through the District Designated Fund.

- R.C. MIRBOO NORTH. To conduct two Community Health Forums.
- R.C. FRANKSTON NORTH. To construct a school garden as part of a nutrition education program.
- R.C. TRAFALGAR. Support the construction and equipping of a “Men’s Shed” to provide a facility enabling men to meet, and use their time and skills in a way to benefit their community.
- R.C. BAIRNSDALE/MITCHELL RIVER. Supporting a youth training program “Changing Lanes” which will assist them in their immediate post schooling years.
- R.C. MT. MARTHA. To hold a Southern Peninsula Men’s Health Forum.

District 9820 Foundation Matching Grants

A number of Matching Grants projects have become available for District 9820 Clubs participation. All projects are within District 3400 Indonesia and are awaiting immediate implementation. Paperwork on all the applications has been partially completed.

Individual Clubs or a group of Clubs may be

Project	City/Village	State/Province	Brief description	Project cost
Clean Water	Kudus/Dukuh Waringin Colo	Central Java	To provide clean water for the village of Dukuh Waringin, Colo Kudus. Water will be transferred from the source in PVC piping to several distribution tanks.	US \$10,753
Clean Water	Semarang	Central Java	Construct a clean water public facility so people who have limited access to water distributed by the government can enjoy the benefits of clean water	US \$10,809
School equipment	Gianyar	Bali	Provide 225 school desks and chairs for the elementary school at Tegalalang, Gianyar Regency	US \$10,866
Blindness prevention	Kecamatan Tandes (9 Kelurahan), Surabaya	East Java	Detection and correction of Refraction Anomaly by the supply of spectacles to affected children and the provision of adequate lighting in classrooms.	US \$21,060
Clean Water	Pekalonganand Demak	Central Java	Provision of filtration, water tanks, and toilet facilities for around 200 households, the majority being poor farmers.	US \$11,590
Clean water	Banjar, Singaraja	Bali	Collection of water at source and piping it to the village. This project will benefit 85 families (420 people)	US \$16,781
Rotary Health Centre	Desa Blangkrueng	Banda Aceh/Nangroe Aceh Darussalam	The building and equipment has been provided as a joint project of 8 Rotary Clubs in D3400, and supported by other Districts in Australia, USA, Taiwan, Malaysia and Singapore. This project is planned to provide furnishings for the building.	US \$22,233

involved by financially assisting a project. The District Foundation Committee may be able to assist with funding for the implementation of these projects.

This is a great opportunity for Clubs to become involved in a Matching Grant project and provide a better standard of living to residents of a third world country.

Any Club interested in these projects please contact District 9820 Foundation Committee – Merv Williams (Mt. Martha), Allison Towner (Hallam Valley), or Terry Williams (Pakenham).

Group Study Exchange

GSE District 9820 team to Tamil Nadu 1st January to 29th January 2008

The GSE Team returned from Tamil Nadu on Saturday 2nd February.

The Team members, Keren, Emma, Michelle, and Deborah, and Team Leader Tony Spring, were superb ambassadors and were very well received in Tamil Nadu. During the exchange I had quite a bit of contact with Tony via telephone, SMS and email and reports have been that they had a wonderful time and were needing to purchase additional cases to be able to send home all the beautiful gifts that they had received.

The following extract from an email from GSE Chair A. Subash – District 2980 speaks for itself:

Dear Anne

.....I have no doubts and to be true to myself this team from Australia was a wonderful team and real Ambassadors. I have received quite a lot of GSE teams and I can say this was the best. The composure of the team leader Rtn.Tony shows the making of a District Leader in him and the parental care towards the team members was great.

The team members were really excellent and their co-operation was remarkable despite the hectic schedule. Their contribution for a day's meal of an orphanage showed their love and affection towards the children.

Thank you and congratulations for selecting a wonderful team. I hope and wish I would have done the same way.

A Subash

A hectic week awaits the team as they prepare their presentation for their Welcome Home Dinner on Saturday evening (9th February).

Welcome Home Dinner – Saturday 9th February – Frankston High School. Arranged by The Rotary Club of Frankston North.

GSE District 2980 Tamil Nadu team to Australia 17th February to 20th March 2008

Arrival of Team – Sunday 17th February 8:20pm

Welcome Dinner – Monday 18th February – Morwell. Arranged by Rotary Clubs of Morwell and Hazelwood.

Farewell Dinner – Tuesday 18th March – Wonthaggi. Arranged by Rotary Clubs of Wonthaggi and Inverloch.

Hosting of Team

5 combinations of clubs will be hosting the inbound Tamil Nadu team, and are to be warmly congratulated on arranging a rich vocational/cultural/social program as well as fine Gippsland and Peninsula hospitality.

As our team in Tamil Nadu has experienced, the Indian people are very much a ‘gift giving’ people and it would be pertinent that while their team is here in our District gifts should be given wherever we feel appropriate.

Please be assured that all d9820 rotarians and partners are most welcome to attend both the welcome and farewell occasions as well as any other district events associated with this group study exchange.

Contact: GSE Chairman Anne Cox.

Group Study Exchange to District 7080 Ontario Canada - 2nd to 30th October 2008

Applications for Team Leader close on **Friday 7th March** (this date has been extended by one week until after District Conference).

Interviews for Team Leader will take place on **Sunday 16th March**.

Applications for Team Members close on **Tuesday 1st April** and interviews for Team Members will take place over the weekend of **12th and 13th April**.

Contact GSE Chair 2007/2008 **Anne Cox** for further details:

9810 4271 (bus)

9775 5453 (hm)

0408 534 922 (mb)

anne.cox@scotch.vic.edu.au

Anne Cox

GSE Chairman 07/08

Foundation at Conference

Don't forget the Rotary Foundation Stand at our District 9820 Conference.

District Secretary's report

District Directory changes:

Rotary Club of Phillip Island & San Remo, Secretary Michael Schuller is on extended leave of absence. New Secretary is John Carruthers: pirotary@waterfront.net.au

Rotary Club of Lakes Entrance, President John Munns, new email: jjmunns@internode.on.net

DGN Brian Norris, PO Box 1022, Sale, Vic 3853. email: briannorris1@bigpond.com

Phone (Home) - 5143 0230 Phone (Work) - 5144 2044 Mobile - 0418 633446 Fax - 5144 7183

RICAS Software:

Any clubs that are using Rotary International's RICAS software for their administration, please advise District Secretary, Garry Broughton, via email. gbroughton@pacific.net.au

Foundation Committee members will be delighted to provide you with information and assist with any queries that you may have.

Centurion. Grants. Projects. Application Forms. Polio Plus and Polio Plus Partners. GSE. Literature. etc etc. – see us to find out how YOUR CLUB can participate in the work of OUR FOUNDATION.

Article guidelines

Please compose any article you wish to appear in Portfolio in either a word processing program or as emailed text. Due to constraints on time it is not possible to extract or reconstruct information supplied as hand written or as hard copy. Send contributions to me by the 5th day of the month to have it included in the next issue.

Email: rhowell@tmlc.com.au

Richard Howell

Portfolio Editor

District 9820 Attendance Report for November 2007

Club	number of meetings	number of members	attendance percentage
Bairnsdale	4	29	82.00
Bairnsdale Sunrise			
Berwick	4	68	87.92
Bunyip/Garfield	4	15	75.00
Cranbourne	3	35	64.70
Dandenong	3	34	52.00
Dandenong Central			
Dandenong East			
Dromana	4	37	73.40
Drouin	4	56	54.10
Endeavour Hills	4	25	83.00
Foster	3	35	75.96
Frankston			
Frankston /Long Island			
Frankston North	5	37	86.00
Frankston Sunrise	4	42	61.31
Hallam Valley			
Hastings	3	22	83.00
Hazelwood			
Heyfield			
Inverloch			
Koo Wee Rup/Lang Lang	4	23	76.10
Korumburra			
Lakes Entrance	3	21	72.00
Langwarrin			
Leongatha			
Maffra	4	35	87.60
Mirboo North	3	16	83.00
Mitchell River	3	41	77.50
Moe	3	32	81.32
Mornington			
Morwell			
Mount Eliza	5	52	75.82
Mount Martha	3	32	82.20
Narre Warren			
Orbost			
Pakenham			
Phillip Island & San Remo	3	32	68.75
Rosebud	4	21	67.00
Rye	5	14	83.00
Sale	3	26	50.00
Sale Central			
Seaford Carrum Downs	4	15	80.00
Somerville Tyabb			
Sorrento	4	39	74.10
Trafalgar			
Traralgon	2	37	75.00
Traralgon Central	3	21	54.00
Warragul	4	54	71.00
Wonthaggi			
Yarram			
TOTALS	97	849	

SOME NEW YEAR'S RESOLUTIONS FOR CLUBS AND DISTRICTS

WANT TO SUBMIT AN ARTICLE, NEWS ITEM AND / OR PHOTO? DO YOU HAVE SOMETHING TO SAY?

Please email editorial@rotarydownunder.com.au



EVENTS ARE NEWS

Every project or event is an opportunity to promote your district or club to any or all media such as your club bulletin, district newsletter, local paper and / or RDU magazine ... no exceptions! Write into your project or event plan the requirement for an article to be (well) written and submitted for publishing ... remember that song with the words "never let a chance go by ..."



IN THE ALL-TOGETHER

Rotarians baring all along with alluring titles such as *Summer Heat* and *Digging for Gold* are just some of the articles recently received to be considered for upcoming RDU magazine issues. Go back over recent significant events and write an article for RDU magazine.



ADD MEANING

to your meetings and activities by using RDU magazine as a source of information for brief weekly presentations on world-wide Rotary news and events and to convey an understanding about the programmes and activities of Rotary the monthly emphases are designed to spotlight. Highlight the value of RDU as valuable Rotary resource at every new member induction.



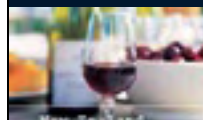
DOUBLE TAKE

Collect read copies of RDU from members, label them with your club's contact information and share the good news and excitement of Rotary by placing copies monthly into waiting rooms within your local community.



TRANSFORM

your club or district's image using Rotary emblem merchandise to raise your visibility in your community. Merchandise such as club clothing and signage is available from RDU Merchandise and Promotions via phone +61 2 9897 3118 or email supplies@rotarydownunder.com.au Rotary International theme merchandise for the 2008-2009 Rotary year is also available.



... simply an amazing read!

ALL THAT'S NEEDED

are up to 300 words about *who, what, why, when, where & how*, emphasising the new &/or unique aspects (in Word format) attached to an email to editorial@rotarydownunder.com.au plus hopefully up to three close-up action digital photos (400+KB/dpi for magazine quality) separately attached to the same email with photo captions at the bottom of the article. Please put "RDU Article from Rotary Club of ... or District ..." in the email's subject line.

SHINE (INSTEAD OF HIDE)

by encouraging your committees and members to share their project experiences with other RDU readers, to inspire others with your enthusiasm and ideas for service.

AND THE WINNER IS ...

this photo. See page 36 of RDU February for the finalists photos our photo competition.



Note the characteristics of good photos – close-up action shots of at least 400 dpi/kb quality –

and let's see the sweat, not the cheque!

IT'S DISTURBING!!!

"...when you hear from the odd member that they can't be bothered reading the *District Handbook*, the *District Governor's Newsletter* and *Rotary Down Under* [magazine], and yet at the same time complain that no-one teaches them about the workings of Rotary! If you go to the trouble to read these publications, you will learn all that you need to know about Rotary!!!!"

- from a club bulletin

FANCY A TRIP

or a fun day or evening out? Each issue of *RotarianLife* contains a selection of events to add interest and excitement to the month ahead – an excuse to get out and enjoy yourself. Maybe some of these are suitable for a club group to attend or even to tie in with a Fellowship Exchange.

QUOTE

"The best thing one can do in one's life is to help your fellow human being"

- Sir Edmund Hillary