



**Rotary Club of Kew on Yarra**

ABN 97 325 138 640  
Chartered 16<sup>th</sup> June 1986  
R.I. District 9800

**Rotary Year 2009-2010**

- President: Anne Brown
- Vice President: David Shave
- Hon Secretary: Sue Anderson
- Hon Treasurer: Ken Maher
- President Elect: John Brownsea



**Rotary International**

- President  
**John Kenny**
- District Governor 9800  
**Colin Muir**
- Assistant Governor  
**Gabrielle Morgan**

**Club Avenues of Service**

- Club Service Director: John Brownsea
- Community Service: David Anderson
- Bulletin Editors: Bill Chow
- Tony Boyd
- Internet/Web: Anthony Tung
- Programme: Peter Leonard
- Vocational Service Director: John Orr
- International Service Director: Derek Bond
- Foundation: Edel Conroy
- New Generations Director: Isabel Armer

**PLEASE REMEMBER**

Apologies and guests to  
Sue Anderson  
by Tuesday on 0408 504 639

Postal address: P.O. Box 271  
Kew East, Vic 3102, Australia

Website: <http://home.vicnet.net.au/~rckewe/>

Email: [kewonyarra@rotaryd9800.org](mailto:kewonyarra@rotaryd9800.org)

# FREEWAY

WEEKLY BULLETIN OF THE ROTARY CLUB OF KEW ON YARRA

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Volume 9 Issue 712 August 2009



## Brown's Blog

(A word from President Anne Brown)

Another busy week with two Rotary meeting in two days, David Shave was right as president your attendance is about 200%. On Thursday night Tony, David S, Nola, Ed and I represented the club at Kais roast in Woodend. Kai is following her dream and going to China to teach English for a year. Woodend Rotary and the community will miss her enthusiasm and her famous egg raffle which will continue but not the same. Kai is learning Chinese and decided to practise on the local Chinese postmaster. She went in greet him in Chinese and he replied "What did you say", so I think more practise is obviously needed. She leaves for China on Tuesday we wish her well and look forward to seeing her on her return.

Once again an inspirational young guest speaker, Leigh Mathews a Kew Rotarian and young Victorian of the year 2009 spoke to us about her charity in Cambodia. It is hard to imagine that people can live under the conditions she showed us in the slide show. We have people who are underprivileged in Australia but in some third world countries they live in abject poverty. I know Rotary does a marvellous job addressing this poverty but I wonder if the battle will ever be won. As I said at the end of the meeting in the last two weeks we have had two wonderful Generation Y guest speakers and it restores our faith in a generation that at times we Baby Boomers struggle to understand.

On the way up to Woodend I received a phone call from Norman Gale of the Salvation Army. He was ringing to say a very big thank you for the cooking kits which he had just seen at the classes. He said he hadn't thought of doing a kit and it is a great extension of the classes. He asked that a very big thank you be passed on to David Anderson our Community Service Director for the idea and to David and Sue for giving up the time to source the contents of the kit. Each kit cost approximately \$100 so I will get Tony to put the list in the bulletin and future kits might be sourced with goods from members etc.

This Tuesday there will be a seminar at Nagambie to discuss the future and direction for Boroondara Cares. I am certain Boroondara Cares will continue to help the drought ridden Moira shire. Thank you to David Anderson and David Shave for representing the club I will be an apology as Ed has to have a small medical procedure that day and I will be looking after him.

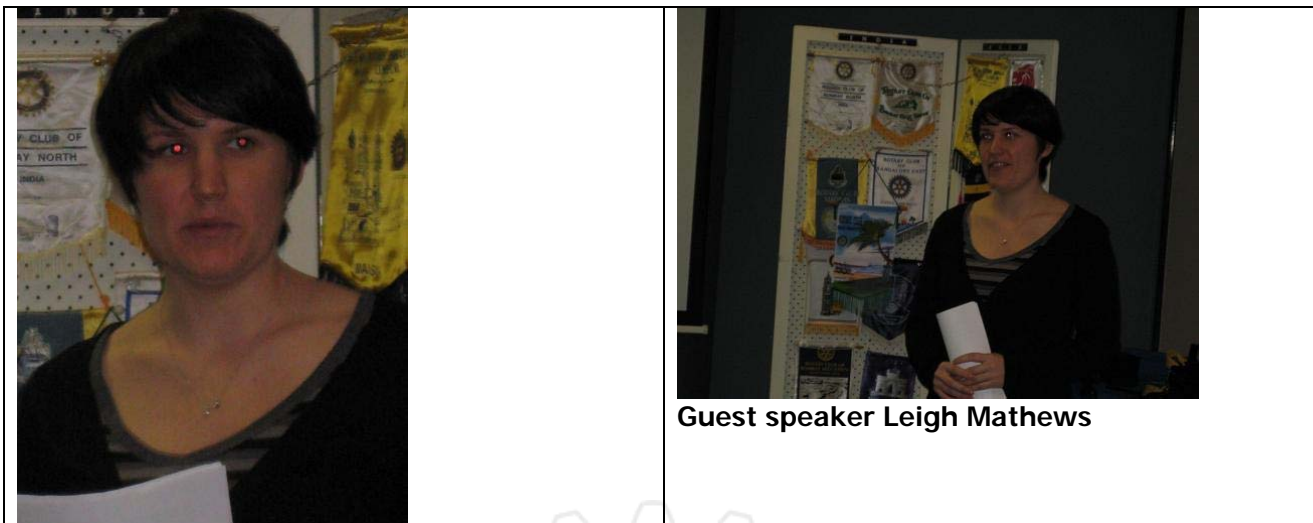
As some of you know Mark's Sylvia had back surgery last week, I have spoken to Mark and he tells me the operation went well and she should be home over the weekend and then have a month convalescing. Sylvia, we wish you a speedy recovery and hope you get the relief you badly need.

This Wednesday's guest speaker is PDG John Wigley speaking with the help of Derek and myself on the Rotary Leadership Institute. Derek and I are currently in the final stages of completing the program and I am hoping someone else in the club will put their hand up to do the program. I have definitely learnt a lot about Rotary but the interaction with members of other clubs has been very enlightening.

I will sign off until next week and remember the **FUTURE OF ROTARY IS IN OUR HANDS**  
Anne with an E

Meet Wednesdays 6.30 for 7.00 pm  
At Amora Hotel Riverwalk  
649 Bridge Rd, Richmond, Victoria  
Telephone: 03 9246-1200

## Guest Speaker 12 August 2009 – Leigh Mathews on Future Cambodia Fund



Leigh Mathews (young Victorian of the Year 2009) is a 28 yrs old young Australian woman from Melbourne who started a non profit organisation 'Future Cambodia Fund' in Cambodia in 2004. The organisation was started in response to the lack of support, services and educational opportunities for children and young people in Cambodia, and was formed out of the belief that every child has the right to a childhood, to education, and the right to be protected and nurtured.

Future Cambodia Fund works toward the objectives of:

*Community Capacity Building:* To encourage community participation and ownership through capacity building and advocacy.

*Education and Training:* To identify and provide appropriate education and training options and to support young people and their families to pursue these opportunities.

*Networking and Support:* To strengthen the overall response to Orphans and Vulnerable Children (OVC) through integrated networking and support.

*Awareness:* To educate and inform young Australians about current issues in the developing world and encourage them to engage in activities resulting in positive change locally and globally.

Projects:

### **Happy Garden Centre:**

Future Cambodia Fund is working at Andong 'Relocation' site, a community of over 5000 individuals who were violently evicted from their homes and forcibly 'relocated' to a site 22 km from Phnom Penh. Residents have little or no access to fresh water, adequate food, medical care, employment, or education, and many are seriously ill from preventable and treatable diseases.

'Happy Garden' is a community centre, named by the children of Andong, which provides therapeutic support in the form of remedial education, a back to school program, sports and recreation, play/art/music/dance therapy, individual and family counselling, medical, and dental care.

### **Water, Sanitation and Livelihood Program:**

Future Cambodia Fund also runs a community-based water sanitation and livelihoods program at Andong. The project is supported by OXFAM International and aims to provide more families with access to potable water, while providing education on health, hygiene and safe water collection, filtration and storage and enhanced opportunities for employment.

### **M'lop Tapang Education Program:**

Future Cambodia Fund supports a daily education program for street children with disabilities and learning difficulties. These children participate in a range of activities, including art therapy, music, dance and basic literacy. This program is delivered by our partner organisation, M'lop Tapang.

### **Emergency Assistance Program (EAP):**

Future Cambodia Fund provides ongoing grants for emergency situations, including emergency accommodation, counselling and support for child victims of abuse and violence.

### **Big Picture Program:**

Future Cambodia Fund believes that the actions of one can affect the lives of many. For this reason, we work towards the goal of empowering young people in Australia to make a difference in their community – whether it be at a local, regional, national or global level.

# District News **August is Membership Development & Extension Month**

Latest District Newsletter

[http://www.rotarydistrict9800.org.au/uploads/downloads/Networker/2008\\_2009/currentNetworker.pdf](http://www.rotarydistrict9800.org.au/uploads/downloads/Networker/2008_2009/currentNetworker.pdf)

## Club News

- David Anderson advised that Kew on Yarra will act as liaison for bush fire appeals.
- Isabel Armer advised that contribution went out to Bali birthing centre.
- Kinglake Bushfire Fences: RC of Hawthorn has a pool of members and friends who are assisting with dismantling damaged wire fences in Kinglake. To get involved contact Gerald Swinnerton on 0425 777851 on any Thursday to arrange to assist on the following Saturday.
- David Shave advised that the men we have driving to Salvation Army cooking classes were lacking some basic cooking utensils. On behalf of the Club, David Anderson has purchased bags containing a selection of basic utensils. A big thank you to all those that volunteered driving the men to their cooking classes.
- Members will recall that earlier this we attended an Indonesian Night to help support Dr Mark F Ellis with the Sumba Eye 2009. Mark and his team have returned after treating 86 cases. An abridged report on the visit appears later in this Bulletin.
- Alan Fisher has sought leave of absence for 4 weeks.
- The Club is arranging a booking to conduct a sausage sizzle at outside the Hawthorn Bunnings store on Sunday 20 December. Further details will be advised closer to the day.
- Eyes Wide Open is conducting a tour of Nepal in October this year. It would be a great opportunity to see first hand some of the magnificent work that Isabel has been involved in. How about considering going. Details of the itinerary are given on Page 6. Eyes Wide Open is a non-profit organisation that operates humanitarian travel experiences to Rotary projects in developing regions of Australasia. As part of a group of like-minded people of all different ages, you see the world and importantly, make a difference. Tours are safe, well organised and allow you to contribute to Rotary funded humanitarian projects that give hope to local communities in need. So go on, make a difference.

## Upcoming Events

Event	Date & Venue	Sponsor	Contact
Unity Walk to promote Parkinson's Awareness	Mon 31 August 2009 Fed Square to Birrawung Marr		<a href="http://www.unitywalk.org.au/">http://www.unitywalk.org.au/</a>
DG Visit to Kew on Yarra	Wednesday 30 September 2009	RC Kew on Yarra	
50th Birthday Celebration Dinner for RC Collingwood \$80.00 per person	Saturday 3 <sup>rd</sup> October 2009 7.00 for 7.30 PM Collingwood Town Hall	RC Collingwood	email collingwood@rotarydistrict9800.org Phone: John Taylor 0419 363 101 Bill Hampson 01412818215
John Reddish Service Excellence Awards	Wednesday 21 October 2009 Amora Hotel	RC Kew on Yarra	
Sausage Sizzle	Sunday 20 December 2009 Hawthorn Bunnings Store	RC Kew on Yarra	David Anderson 0419 898 034

## Foundation Reflections

We will continue with our Foundation Reflections on a monthly basis. Coming feedback to the Club will be as follows:

Date	Member	Topic
tba	Alan Fisher	<b>Partnering</b> What other organisations can Rotary work with

Information about the **Rotary Foundation** can be found at:

<http://www.rotary.org/EN/ABOUTUS/THEROTARYFOUNDATION/Pages/ridefault.aspx>

Specific information about Rotary partnering and resources can be found at:

<http://www.rotary.org/en/Contribute/Pages/ridefault.aspx>

## The Four Way Test

Remember - of the things we think, say or do:

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

## Some Useful Websites

**RC Kew on Yarra's Web Site**  
<http://home.vicnet.net.au/~rckewe/>

**Boroondara Cares Website**  
<http://www.boroondaracares.com>

**RC Ubud Bali Web Site**  
(Sister Club RC Kew on Yarra)  
<http://www.rotaryubud.org/index.asp>

**RC Woodend Web Site**  
(Sister Club RC Kew on Yarra)  
<http://www.rotarydistrict9800.org/woodend>

**Rotary Downunder Web Site**  
<http://rotarydownunder.com.au/index.htm>

**Latest District Newsletter**  
[http://www.rotarydistrict9800.org.au/uploads/downloads/Networker/2008\\_2009/currentNetworker.pdf](http://www.rotarydistrict9800.org.au/uploads/downloads/Networker/2008_2009/currentNetworker.pdf)

**Thought for the Day** John Brownsea

*The measure of a truly great man is the courtesy with which he treats lesser men.*

**BIRTHDAYS**

16 Aug Ken Maher  
 17 Aug John Orr

**ANNIVERSARIES****PROGRAM**

19 Aug PDG John Wigley  
 Rotary Learning Institute  
 26 Aug Kent Stannard  
 CSIRO  
 White Shark Research Team

**MARKET ROSTER**

23 Aug David Shave  
 30 Aug Ken Maher  
 6 Sep John Orr  
 13 Sep John Pocock  
 20 Sep Anne & Ed  
 27 Sep William Liew

**BOASTS****OUR LAST MEETING**

**Date** 12 August 2009  
**Present** 15 Club Members  
**Club Apologies** Derek Bond, Edel Conroy, Dario Brosolo, Alan Fisher, Ann and Peter Leonard, Ken Maher and Mark Miller.

**Make ups****Guests****Visiting****Rotarians****Chairperson**

Richard Gales

**Sergeant**

David Shave

**Speaker**

Leigh Mathews

**Door Prize**

Sue Anderson

**Winner****Meeting Close**

8:15 pm

**Fine Session**

Sergeant David Shave

**Sergeant fines**

- Anne B / David S for not wearing sashes
- MUNA – those who doesn't know what it stands for.
- John Brownsea has gone out on his own – anyone who runs their own business.
- Anyone who lets their partner drives them home.
- Anyone who has flown in a light plane or feels apprehensive about flying in one.
- St. Kilda fans – or Richmond, Melbourne, Eagles fans for tanking.
- Those that arrived at the wrong destination.
- Those with Irish background.
- Those who do not need reading glasses.

**Floor fines:**

- Isabel who rang Sue in Queensland.
- Sue Anderson for social climbing.
- David Shave for putting wrong information on member's badges.

**WEEKLY DUTY ROSTER**

MEETINGS	19 August 09	26 August 09	2 September 09	9 September 09
<b>Cashier</b>	John Orr	John Brownsea	Isabel Armer	
<b>Chairman</b>	Sue Anderson	Derek Bond	Mark Miller	
<b>Thought</b>	William Liew	Ken Maher	Bill Chow	
<b>Sergeant At Arms</b>	Edel Conroy	Edel Conroy	Derek Bond	
<b>Host</b>	John Presutto	Bill Chow	William Liew	

Some Memories from our Club Meeting 5 August 2009



David Anderson announces.....



Is that right John?



3 wise men...



Where's dinner?



John Brownsea (that's him on the right)



Bill, that's enough...I said no pic of me!

### Itinerary



**Day1  
1 Oct** Arrive in Nepal and check into our accommodation—the Shambhala Village Resort. In the late afternoon, we visit a Rotary sponsored Community Centre in the Kathmandu Valley called Bright Future Community Centre. There we'll meet the Centre's children and conduct some activities before heading off for a group dinner and briefing. • • D

**Day2  
2 Oct** Today we will visit the ancient Swayambhunath Temple, one of the most sacred Buddhist sites in Nepal. We'll then head into bustling Thamel before visiting the Porter Protection Society. We then go to Bright Future Community Centre in the afternoon where we will conduct reading and conversation classes. In the evening we will join crowds walking around the historic stupa at Bhouda, a world heritage site. We will eat traditional Nepalese food at a local restaurant. B L D

**Day 3  
3 Oct** Experience Nepalese style Buddhism this morning by participating in a meditation led by a lama at the White Monastery. The afternoon will be dedicated to undertaking humanitarian work in conjunction with a Rotary funded Women's Refuge and a prosthetic limb project. We will stay in Patan tonight, a city known for its arts, crafts, feasts and cultural heritage. B L D



**Day 4  
4 Oct** Today we venture to Nagakot, a Nepalese town known for its breathtaking views of the Himalayan mountain ranges and magnificent sunsets and sunrises. We'll spend some time at the Rotary supported Nagakot Community Health Centre to conduct some dental and health classes for local residents. B L D

**Day 5** An early rise to see the sun come up over the Himalayan ranges and then we venture to Bhaktapur, the third largest city in the Kathmandu Valley, also known for its rich culture, temples and artworks in wood, metal and stone. We will then get involved in a humanitarian project of the Bhaktapur Rotary Club and enjoy an evening meal and show in the 'city of culture'. B L D

**Day 6  
6 Oct** The morning is yours to explore this ancient city bursting with heritage and cultural attractions. In the afternoon we will be working with patients of the Bhaktapur Cancer Hospital supported by numerous local and international Rotary Clubs. The group will make a donation of medical equipment as requested by the hospital. B L D

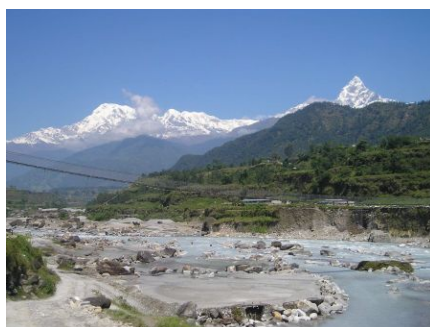


**Day 7  
7 Oct** After breakfast, we'll drive back to Kopan. We'll visit the Kopan Monastery for lunch and pay a visit to a rehabilitation centre for people suffering from leprosy where we will make a small donation of goods as requested by the Centre. In the afternoon, we'll do some maintenance & humanitarian work at the Bright Future Community Centre. B L D

**Day 8  
8 Oct** This morning we depart for Pokhara in a private bus. Pokhara is a bustling village situated on the beautiful Lake Phewa and surrounded by the snow-capped mountains of the Annapurna range. It is where thousands of tourists and trekkers gather before undertaking recreational and adventure activities in the region. After we arrive, we'll explore this colourful town and enjoy a group meal. B • D

**Day 9  
9 Oct** Today is a recreational day in Pokhara. You have the day free to row across Lake Phewa, visit the ancient island temple, explore Devis's Fall, barter with local traders or simply enjoy the panoramic scenery. B • D

**Day10  
10 Oct** This is our last day before undertaking a four day trek of the foothills of the Annapurna range. We will spend most of the day working on a development project with the Pokhara Rotary Club. The evening is yours to immerse yourself in village culture and nightlife, if you dare. B L •



**Day11  
11 Oct** Today we drive to Nayapul where we commence our trek. Each trekker will have a personal Porter and the route is considered 'easy'. We'll walk to Birethanti. On the way, we'll trek through a couple of local villages and enjoy spectacular views of the surrounding mountain ranges. Part of the trek includes a leisurely riverside walk. We stay at a guest house in Birethanti and finish the evening with a group meal. B L D

**Day12  
12 Oct** The next stage of the trek is the longest. We'll head north up the Modi Valley to Ghandruk, with spectacular views of the Annapurna mountain range. We'll be about 2000m above sea level. There are plenty of tea houses along the way to rest and a pleasant lodge to spend the night in. B L D

**Day13  
13 Oct** Today we descend from Ghandruk through a valley and towards a town called Kimche. We then briefly trek uphill to the east to a village called Majgaun where we reach a small lodge to enjoy a group meal and spend the night. You will be rewarded with amazing views and great hospitality. B L D

**Day14  
14 Oct** Our final leg of our Nepal trekking experience! We trek eastwards to Dhampus and then descend down to the valley floor to Phedi to end the tour. We bus back to Pokhara for a cool shower and a group meal in the buzzing town centre. B L D



**Day15  
15 Oct** Free-time to recover from our trek. You will have time to relax and unwind. You may choose to undertake some more sightseeing, shopping or simply enjoy the beauty of the beautiful surroundings. B • D

**Day16  
16 Oct** Today we depart from Pokhara and head back to the Kathmandu Valley. This is a long drive, so the evening will be spent relaxing at our guest house set amongst the monasteries of Bhouda. B • D

**Day17  
17 Oct** The morning is yours to do some last minute shopping and explore more of the villages of the Kathmandu Valley. There is an option to walk to the Hindu temple at Gorkhana and back to Bhouda. In the late afternoon, we'll head to the Bright Future Community Centre to enjoy a 'dance party' and games with the children and their families to say farewell. B • D

**Day18  
18 Oct** Our flight departs around lunchtime. B • •

**More Info:** <http://www.eyeswideopen.org.au>  
Or contact Isabel Armer on 9429 5117

## SMILE

An old woman came into her doctor's office and confessed to an embarrassing problem. "I do that all the time, Doctor Johnson, but they're soundless, and they have no odor. In fact, since I've been here, I did it no less than twenty times. What can I do?"

"Here's a prescription, Mrs. Harris. Take these pills three times a day for seven days and come back and see me in a week."

Next week an upset Mrs. Harris marched into Dr. Johnson's office. "Doctor, I don't know what was in those pills, but the problem is worse! I'm doing it just as much, but now it smells terrible! What do you have to say for yourself?"

"Calm down, Mrs. Harris," said the doctor soothingly. "Now that we've fixed your sinuses, we'll work on your hearing!!!"