

**To find the new Speakers as well as previously deposited Speakers:**

1. Go to the D9800 website [www.rotaryd9800.org](http://www.rotaryd9800.org)
2. Go to the top of the page ...Click on 'Club Service'
3. When the Club Service page comes up, go to the 'Drop Down' menu and scroll down until you get to 'Speaker Bank'.
4. Click on Speaker Bank.

**In Summary:**

- [ABC Manager Of Human Resources](#)
- [The Eureka Report](#), Editor
- [3 Topics! One Speaker! 'Scottish Highland Emigration', 'The Romance of Sheep and Wool' and 'You are Special'](#)
- [The Art of Breathing](#) - Sleep Apnoea, Snoring and Asthma
- [The Road Less Travelled, The Arts](#) Lynne Wilton
- [The Freedom Factor](#)
- [What's Happening To The Yarra River?](#)
- ['The Last Flight To Dili'](#), Author

**[ABC Manager Of Human Resources](#) (Vic & ACT) Hanan Gamali. Issues in work-life balance"**

Hanan is a speaker of interest to [all members](#) when thinking of [balancing](#) their work and home lives.

**Contact:** Hanan Gamali Mobile: 0417 548 397

*Suggested by Chris Trueman, RC Southbank*

**[The Eureka Report](#), Editor James Kirby**

James is the editor of [online](#) investment magazine Eureka Report guides private investors through the opportunities - and pitfalls - of the Australian market. James is the author of five business books including the Australian edition of Investment for Dummies, he also writes a weekly column for the [Sunday Age](#).

**\*\*\*NB:** James is happy to talk to groups of 25 or more Rotarians within a 30 km radius of Melbourne CBD. He prefers breakfast appointments if possible.\*\*\*

**Contact:** James Kirby, Email: [jk@eurekareport.com.au](mailto:jk@eurekareport.com.au) Telephone: 9419 9205 Fax 03 9419 9475

*Suggested by Tony Thomas, RC Central Melbourne Sunrise*

**[3 Topics! One Speaker! 'Scottish Highland Emigration', 'The Romance of Sheep and Wool' and 'You are Special'](#)**

[Dr James Donaldson](#) has three topics for you to choose from....

1) [Scottish Highland Emigration to Australia](#) (based on Dr Donaldson's book, *"Farewell to the Heather"*). This is the story of [5000 Scottish](#) highland emigrants who came to Australia between 1838 and 1840, the background to Scotland 1746-1830, kelping, crofting, decline of the clans, demise of Gaelic language, temporary emigration to the lowlands etc. and the settlement of the emigrants 1840 -1860 in Australia. It can also take on a genealogy focus or a social history focus.

or

2) The **Romance** of Sheep and Wool in the Nineteenth Century in Australia (with a short film, blades, machines and wool).

or

3) "You are Special" 'A sort of non - religious inspirational talk about making the most of yourself'.

Dr Donaldson has spoken at Rotary and Probus Clubs

Contact Dr James Donaldson Email: [jamesdonaldson@netspace.com.au](mailto:jamesdonaldson@netspace.com.au)

*Suggested by Jill Weeks*

The **Art of Breathing** - Sleep Apnoea, Snoring and Asthma

Causes, symptoms and current medical treatments available.

Buteyko breathing technique - a successful, safe, effective and convenient method for the management of breathing and sleeping problems. Results of independent Clinical Trials and benefits of the method profiled

Contact: Jackie Moden 03 9375 3344

*Suggested by Cherrie Osborn, RC Keilor East who says: 'Jackie was fabulous and I would recommend her to any club'.*

The Road **Less Travelled**, **The Arts** Lynne Wilton

Dynamic art gallery owner **specialising** in Australian Contemporary Art, Lynne Wilton has an executive recruitment background who grew her business before selling it to an international company. She 'retired' in her early 30s, for a couple of years, before starting her art gallery in Armadale.

Lynne's gallery manages **33** artists and has an exhibition and show every three weeks. Turning over approximately \$1,000,000 with four staff, the gallery has established itself as a going concern exhibiting both emerging and established artists. Lynne has exhibited in Australia, Rome and New York.

Contact: Lynne Wilton Mobile: 0418 157 222

*Suggested by Jill Weeks*

The **Freedom Factor**

Adriana James-Richard is a Psychotherapist, Trainer, Registered Nurse and Public Speaker. She co-founded the Freedom Team Foundation Inc. which is a non-profit charitable foundation dedicated to global unity, peace and prosperity. Adriana has pioneered a wealth of psychological understanding drawn from her private practice and **clinical research** developed with other colleagues within the Foundation. This knowledge (intellectual property) has been respectfully entitled "The Freedom Factor". Springing from this knowledge, an **innovative** programme has been written with a view to free people from the suffering of addiction, and in this case, smoking. Adriana is also involved in mentoring young people and people of all ages to reach their full creative potential.

Contact: Adriana James-Richard 0413 771 796 Email:

[adriana@thefreedomfactor.org](mailto:adriana@thefreedomfactor.org)

What's Happening To The Yarra River? Ian Penrose, Riverkeeper

The Yarra was the **decisive factor** in the siting of Melbourne and it holds a special place in the region's indigenous heritage. Seventy per cent of the city's drinking water comes from the river's upper reaches. The Yarra Valley is one of the region's major wildlife habitats, and contains **Australia's largest** metropolitan park. In recent months, the state of the Yarra's water quality, its uncertain flows, and pressures from urbanisation have all attracted public attention. Hear about these and other interesting matters concerning the Yarra River, which plays a major role in the health of our natural and urban environments.

Ian's appreciation of rivers led him to start working for a community group called the **Yarra Riverkeepers Association**. Earlier this year Ian was nominated "Riverkeeper". In this role **he operates a small boat** on the river's lower reaches, courtesy of a grant from Melbourne Water, and helps spread the word about why the Yarra is **special** and how we all can play a role in restoring and protecting it.

**Contact:** Ian Penrose Telephone: 0409 510 766

*Ian has spoken at various Rotary Clubs*

'The Last Flight Out Of Dili', Author David Scott

*John Meehan, RC Central Melbourne Sunrise says: 'David's talk inspired many questions. He centred mainly on Australia's relationship with East Timor in which he was closely involved as an aid worker'.*

David Scott is the **author** of the recently published 'Last Flight Out Of Dili'. David was in Dili in 1975 and witnessed the swearing in of the Democratic Republic of East Timor. 'Last Flight Out Of Dili' is also an account of the hardship, loneliness and danger that Jose Ramos-Horta experienced in his remarkable commitment to keeping East Timor on the **United Nations** agenda for 24 years.

David is a former Director of the Brotherhood of St Laurence, Founding Director of Community Aid Abroad and Chairman of the Land Conservation Council.

**Contact:** David Scott Telephone: 03 9534 0078 Email: [dscott@interdomain.net.au](mailto:dscott@interdomain.net.au)

**\*\*\*\*NB: David will be unavailable from 23rd May to the 28th June 2006.\*\*\*\***

Disclaimer: "The Speakers Bank is a service provided by D9800 for the benefit of clubs in the district . It comprises a list of guest speakers who have been recommended by Rotarians / clubs in the district . D9800 is not to be taken as recommending the speakers but merely making available information to assist clubs in obtaining speakers . Clubs using the Bank should undertake their own enquiries regarding proposed speakers."