

Before start: "AP" flying, course flag (red or green) up (course flag remains up for entire starting sequence)

- 6 minutes: "AP" down  
1 sound signal

**INSTRUCTIONS:**

*Timer controller*  
Set timer to - 6 minutes.  
Confirm with control tower when about to begin starting sequence. Countdown 10 seconds on radio to allow for tower co-ordination. Count down last 10 seconds of each flag change so Flag controller can match sound signals. Make appropriate sound signals at each step.

- 5 minutes: Warning for 1st start  
Division 1 flag up  
1 sound signal

- 4 minutes: Preparatory for 1st start  
Code flag "P" up,  
1 sound signal

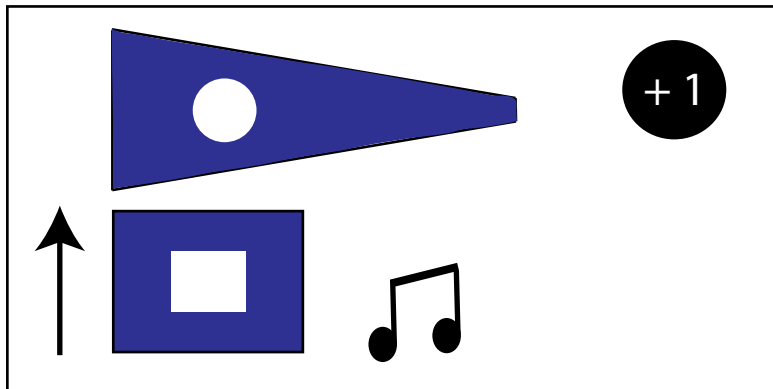
*Flag controller*  
Raise "AP" and Course flags. Confirm with timer controller when starting sequence will begin. Have appropriate flags on hand for changes. Listen for countdowns from timer. Make sure flag raises/drops align with timer and are quick!

For additional starts, add in Division 4, 5, etc flags as appropriate to the end of the starting sequence.

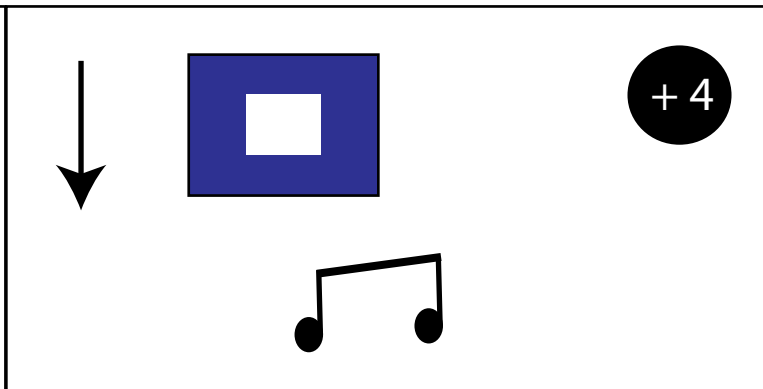
- 1 minutes: 1 minute to 1st start  
Code Flag "P" down  
1 long sound signal

0 minutes: **1st start**, warning for 2nd start  
Division 1 flag down, Division 2 flag up  
1 sound signal

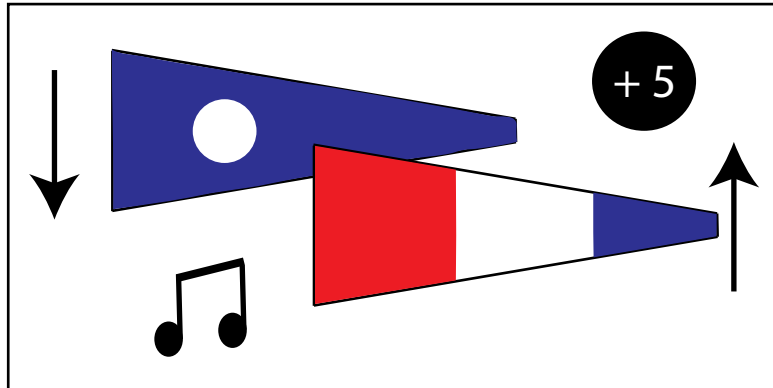
e.g. for a 4th start,  
raise Division 4 flag at +10 minutes,  
raise code flag "P" at +11 minutes,  
lower code flag "P" at + 14 minutes,  
lower Division 4 flag at + 15 minutes.



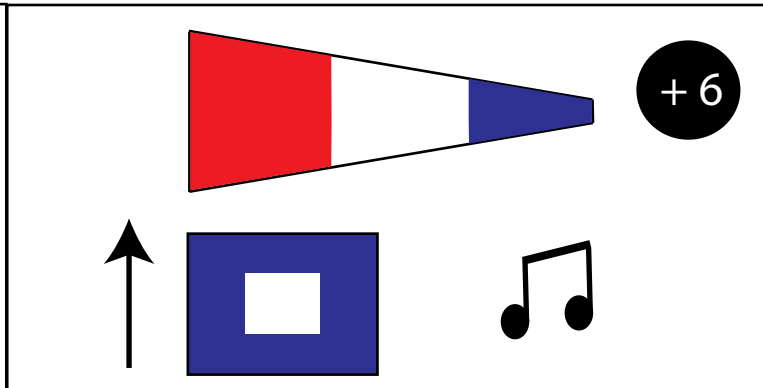
+ 1 minutes: Preparatory for 2nd start  
Code flag "P" up  
1 sound signal



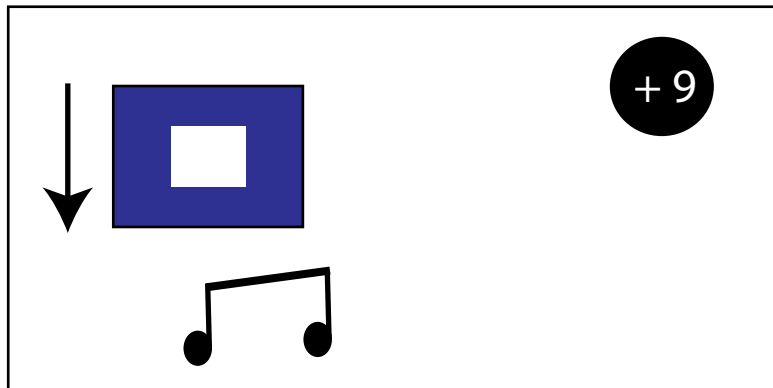
+ 4 minutes: 1 minute to 2nd start  
Code Flag "P" down  
1 long sound signal



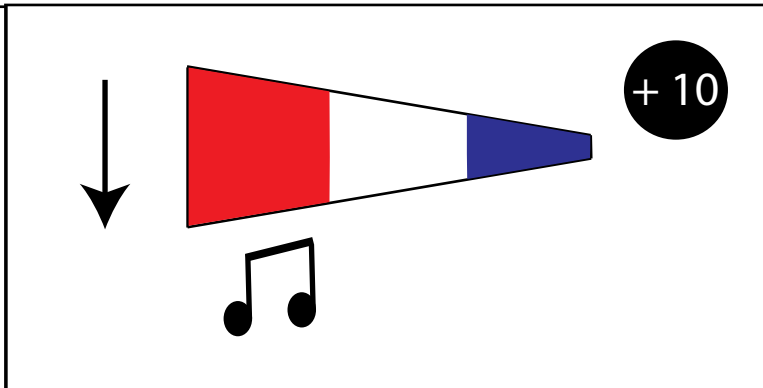
+ 5 minutes: **2nd start**, Warning for 3rd start  
Division 2 flag down, division 3 flag up  
1 long signal



+ 6 minutes: Preparatory for 3rd start  
Code flag "P" up,  
1 sound signal



+9 minutes: 1 minute to 3rd start  
Code Flag "P" down  
1 long sound signal



+ 10 minutes: **3rd start**  
Division 3 flag down,  
1 sound signal