



Nomination Form 2007/08

Bill McKenzie Trophy awarded for the best performance by a male or female in the 18/Over category at the Midlands Championships (24 Feb 2008). Swimmers must submit their three best times in different events at the MDASA Championships, as demonstrated by their calculated percentage of the MDASA standard times. The award will be presented to the swimmer who has the highest score from the average of the three swims submitted.

Note: Standard times are found in MDASA Year Book. The formula used is standard time over swimmers time X 100 = ___%

Example: Female 18 yrs/over 50m freestyle standard time - 25.84
 Sue Smith's 50m freestyle time - 31.61
25.84
 $31.61 \times 100 = 81.74\%$

Name: _____ **DOB:** _____ **Age:** _____

Event: (eg 50m Freestyle).....Time.....
 Standard time % of Standard time:

Event: (eg 50m Breaststroke).....Time.....
 Standard time % of Standard time:

Event: (eg 50m Backstroke).....Time.....
 Standard time % of Standard time:

Average of 3 percentaged times.....