



# Maribyrnong Bicycle Users Group

We welcome people who live, work or ride in the  
City of Maribyrnong and surrounding suburbs

## EASTER ESCAPE

**Saturday 15<sup>th</sup> – Monday 17<sup>th</sup> April 2006**

**Sale - Heyfield Homestead (Overnight)**

We leave Saturday 15<sup>th</sup> April from Southern Cross Station at 08:45 on the V-line train that goes to Sale. We will stay two nights at "The Homestead" and return on a midday train from Rosedale on Monday 17<sup>th</sup> April.

**The Ride:** Is a medium grade ride of approximately 55km on sealed roads. There are two hills. Thus a mechanically sound bike with some appropriate gears in the low range is essential. Also we ask that you wear enclosed shoes, a bright top (preferably reflective), and of course a bike helmet. The "average" cyclist should have no real problems. Remember that day two is a rest day with no riding! We plan to break the ride into about three by one hour chunks with fifteen minute rests in between.

### You need to bring:

- Clothes for two days
- Towel and bathers for swimming in the Macalister River
- Food – we aim to come up with a communal food arrangement once we have an indication of numbers. Each person can carry a little on their bike.

SUPPLIED by the Homestead - Beds, sleeping bags and cooking equipment.

Meeting Point: **Southern Cross Station**

Time: **8.30am** (for the 8.45 Sale V-Line Train) **Saturday 15<sup>th</sup> April**

Cost: **\$10 for BUG members\***, \$20 for non-BUG members\*

\*Includes Homestead accommodation and facilities. Riders must purchase their own V-Line train tickets: Ph: 136196, and will need to purchase some of the communal food (exact details will be advised later)

Contact: **Hector** on **9687 1141 / 0404 834 618**, or [hectorb@tpg.com.au](mailto:hectorb@tpg.com.au)