



# East Burwood Preschool Community News



Stafesman Avenue, Burwood East. 3151. Phone/Fax: 9802 2008



Welcome to the June 2009 Winter edition. Happy reading.

## 3Yo Group News



In late May we said goodbye to Linda Webster for the remainder of 2009. Linda leaves us temporarily to attend to family concerns and will be back on deck in 2010. We had a lovely farewell morning tea for Linda with the 3yo group and parents on Friday, 15 May.

The committee is delighted to announce we have appointed Rosalind Burt as our new 3yo group teacher to work with Janice and the children. Rosalind is already working as a kindergarten teacher in Whitehorse and our 3yo times and hours suited her well. I know everyone will make her feel welcome.

## Open Day

There was lots of fun to be had at Open Day with about 20 families coming through to look at our wonderful kinder and meet our fabulous teachers not to mention the fantastic committee members who cooked and sold gingerbread men and mingled with prospective families.

All the children couldn't believe how wonderful our outdoor area is especially the freshly painted cubby houses. They enjoyed playing inside too. Special mention to some of the class of 2007 (now big 1st graders at Orchard Grove Primary School) who constructed an enormous building out of the blocks.

All in all it was a very successful morning with lots of interest in our wonderful kinder.

If anybody needs to apply for kinder next year or change a preference please contact the WPSA BEFORE the 30th June.

If there is anything you would like to see in the **East Burwood Preschool Community News** please place any suggestions in the 'suggestions' box. Please include your name and number if you would like to discuss any items. And to all those who contributed to this edition a big ...

Thank you

## Committee Update

We wish to advise that Bobbie Dawson (3yo) has tendered her resignation as our Treasurer due to accepting a position at PLC for her daughter in their Early Learning Centre. We thank Bobbie for her services and wish her and her family all the best for the future. We are fortunate to have Deltas van der Heide (4yo) taking on the role of Treasurer and Donna Tsironis (3yo) moving from General Member to cover the role of Secretary. Thank you to Deltas and Donna for making those commitments for the benefit of the kinder. These changes will come into effect officially from the beginning of Term 3.



## Committee Roles

Already we are half way through the year so it is not too early to start thinking about possible committee members for 2010. Don't forget that our 4yo parents will be leaving for school. That leaves our current 3yo parents and our new 3yo parents to come on board.

The kindergarten cannot operate next year without a Committee of Management which is elected at our AGM in November.

This is a great opportunity to work with our staff, give back to the community, meet new people, socialise and brush up/learn new skills if you have plans to return to the workforce. If you are interested in taking on a committee role or you know a new 3yo parent starting in 2010 who might be interested, please advise a committee member.

We have profiled two committee roles for your interest and information on the following page.

Check out Page 6 for the craft activity and the 'THINGS to do, PLACES to go, PEOPLE to see' section.



## Committee Profiles

**President/Vice President** Specific tasks are: Chairing meetings, attending council, cluster manager and other kinder related meetings, generating agenda items, familiarity with policies/legal documents, co-ordinating committee work, future planning & direction, hiring staff with Bestchance (our cluster manager), staff liaison. The Vice President stands in for the President and undertakes specific tasks and projects. Some personal attributes that may be required in these roles are: Leadership, good organisational skills, relating well with others, positive attitude, decision-making, delegation and good communication.

**Fundraising** If you love being creative, enjoy chatting with people and have some organisational skills, then fundraising is for you. This role is a great opportunity to have fun, and introduce the kindergarten committee to new and fun initiatives. As a committee member this year, it has been great trying new fundraising ideas and organising social fundraising events. We have a fantastic & supportive group of kindergarten parents who make the job easier and lots of fun. So why not join the committee and help East Burwood Preschool fundraise so that we can buy more great resources for our children to use.

## The Archibald Prize Finalists 2009 exhibition is on in Bendigo until the 12th July 2009.

Venue Bendigo Art Gallery Address 42 View St  
Bendigo VIC 3550 Phone 1800813153  
Web <http://www.bendigoartgallery.com.au>



Picture: Archibald 2009  
Vincent Fantauzzo  
Brandon

## Yummy Healthy Recipe. Great for lunch boxes.

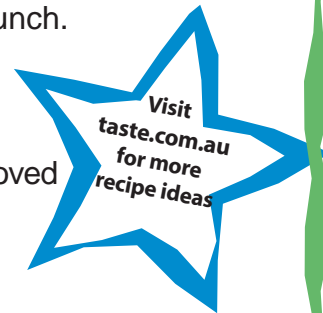


### Sweetcorn and zucchini fritters

Ingredients (serves 5)

Make extra sweetcorn and zucchini fritters for dinner and pack the rest for lunch.

- 1 1/2 cups self-raising flour
- 1 cup milk
- 2 eggs
- 2 large corn cobs, kernels removed
- 1 zucchini, trimmed, grated
- olive oil, for shallow-frying
- 1 cup tzatziki dip, to serve



### Method

Sift flour into a bowl. Season with salt and pepper. Using a fork, whisk milk and eggs together in a jug until combined. Pour over flour. Stir until smooth. Add corn and zucchini. Stir until well combined. Add enough oil to a large, non-stick frying pan to cover base. Heat over medium heat until hot. Using 1/4 cup of mixture per fritter, spoon mixture, 3 fritters at a time, into pan. Cook for 3 to 4 minutes each side or until golden and firm to touch in the centre. Transfer to a wire rack to cool.

**Notes & tips.** Great for lunch boxes.

To freeze: Wrap each fritter in plastic wrap, then foil. Freeze for up to 2 months. Remove from freezer in the morning. Place frozen fritters in lunch box with a small container of tzatziki. Fritters will thaw by lunchtime.

# Maintenance Update

## Working Bee

Dear parents, We had a really good day and we were able to get every thing on our list done. I'm sure that you have all seen how great the cubbies look in their new paint and we know that the kids think they look fantastic.

We also topped up the soft fall under the playground and swings, pruned back some of the overhanging trees, and replanted the garden bed out the front of the Kinder.

thanks

We would like to thank all the families that helped out on the day with their time and donation of plants.

We would also like to take this opportunity to ask parents to make sure your children don't climb on the brick wall and letter box or ride on the gate. Thank you from the maintenance team.



## Do you require Registered Childcare Receipts?

If you do require Registered Childcare Receipts for this term please place your name in the fundraising box requesting a receipt for Childcare. Thank you.

## Paying 3rd term fees

On the Thursday the 25th and Friday the 26th of June, Dellas will be at the Kindergarten collecting 3rd term fees (cash or cheque) between 9.00-9.30am.

Funds transfer is still a payment option. The Last Day to Pay your term 3 fees is the 8th July - anything after that date will receive a \$10.00 late charge.



## Swine Flu Precautions

As more cases of swine flu are being reported in Victoria, it is important that we follow these guidelines, to prevent having to close our doors for any period of time:

- Children that have returned from Canada, Japan, Mexico, Panama or USA must stay at home for seven days even if they are currently showing no signs of illness.
- Children with siblings or close contacts with others from schools that have been affected must stay at home for the exclusion period recommended by the school concerned.
- If your child has flu-like symptoms, please contact your GP and keep your child at home.
- Continue to follow high standards of hygiene:
  - Frequent handwashing (on arrival, before departure, after nose blowing, after toilet, before handling food, before giving medication, after playing outside etc)
- Use disposable tissues only once and then throw out (and wash hands)

Parents with concerns or questions can call either the Swine Influenza Hotline on 180 2007 or Nurse-on-call 1300 606 024 for health information and advice.

**Statesman Avenue is a school zone. Thank you**



**to those who have been sticking to 40 kph.**



If you would like to receive the **East Burwood Community News** via email instead of a printed copy please add your name and email address to the notice in the foyer. Thanks.

*Save a tree*

# Fundraising report & update

## A night of small indulgences

This evening especially for mums, held in early May, was very successful and \$240 was raised for the kinder. We had 'Body Shop at Home' giving foot massages, 'Total Learning' with a display of books, C.D ROMs, 'Aussie Farmers Direct' and 'Tupperware'. Thank you to all the parents who brought family and friends and the businesses who donated the raffle prizes. We have two fabulous tanning session vouchers left which can be purchased for only \$10 each. See Bronwyn or Charlinda.

## Home Delivery

'Aussie Farmers Direct' who deliver dairy products, fruit & vegetables, bread & juice to your door will donate \$10 for every new customer to the kinder and then \$10 every six months. If you are already an existing customer, you can still put the kinder down and we receive the \$10. There are flyers at the kinder or go to [www.aussiefarmers.com.au](http://www.aussiefarmers.com.au)

## 4yo Group Library Program

The four year old group are starting a library program and there are library bags for sale which your child can decorate and keep at the end of the year. If you would like to purchase a library bag (\$7) please see Bronwyn (Bree's mother). \$133 raised so far. This money has purchased 20 new books for the Kinder. There is a plastic library bag also available for \$2. Please see Miss. Harvey.

## Cards and wrapping paper

The greeting cards (\$1) and wrapping paper with matching cards (\$2) will only be displayed in the foyer until the end of term 2; however, they will still be available for purchase. Please see Charlinda or Bronwyn if you wish to buy any of these items. \$75 raised to date.

## \$500 raised.

A huge thank you all the people who walked and donated their time to deliver the council information flyers for Morack Ward and earned the Kinder \$500.

### These people are:

Charlinda Parsons & Family, Nicola Major & Family, Sonya O'Farrell & Family, Deb Richards & Family, Dianne Storrar & Family, Amanda Abajas & Family, Louise Zagar & Family, Bronwyn Baker & Family, Bronwyn McIlroy & Family, Michelle Fraser & Family & Jacqui Johnson & Family.

Could those who helped out please place any remaining flyers in Bree's basket or hand back to Bronwyn. Thank you.

## ART PACKS

The Art Packs will be back for the last two weeks before the school holidays. The last box sold out quickly so get in early. \$87 raised last term.

## TOTAL LEARNING

The 'Total Learning Book' get together will be held at the kinder on Tuesday 14th July at 7.30pm. The kinder will purchase books from their share of proceeds from sales. This is the first week of term 3. We hope to see you all there.



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The Children's Story Time collection

Boikido Block Set



The Committee would like to thank Nicola Major for hosting a Total Learning Party earning some great items for the kinder including 'The Children's Story Time Collection' and the 50 piece Boikido Block Set.

The Kinder has recently purchased a very much needed new photocopier with money raised from various fund raising events. Many resources such as books and toys from Total Learning and the new calico library bags have also been purchased with fundraising monies.

## That's Entertaining

There are now 27 Kinder families enjoying the benefits of 'The Entertainment Book' which has raised an amazing \$351 for the Kinder.

'The Entertainment™ Book' is a restaurant and activity guide that provides special 25 to 50% off and 2-for-1 offers from many of the best restaurants, hotels and attractions throughout Australia and New Zealand. There are a number of coupons which could be used during the school holidays including the Melbourne Zoo and the Melbourne Aquarium.

If you would like to purchase another book or know of anyone else who may please talk to either Charlinda or Bronwyn.

## FUNDRAISING WITH ROLF'S PIES

Fundraising with Rolf's Pies is a wonderful and delicious way to raise money for our Kinder. Hopefully you all had a taste test and are ready to stock up your freezer with Rolf's home-baked style pies, pasties & savoury rolls.



Rolf's Pies is an award-winning retail pie shop which consistently enjoys great success at the annual Great Aussie Meat Pie Competition! Rolf's Pies use only top-quality ingredients and are proud of their innovative range of "home-made" style products which include delicious savoury pies, pasties, quiches and rolls as well as fruit pies, cakes, muffins and tarts.

**Make sure you fill out your order form, if you haven't already, and pass them to either Bronwyn or Charlinda or place them in the fundraising box. Orders need to be in by Friday 19th June and delivery will be on Thursday 25th June. East Burwood Preschool will earn approximately 20% of total sales.**

## An overwhelming turn up at the Easter Egg Hunt & Family Picnic

Although most of the 'picnic hampers' were paper rolls with fish and chips or cardboard boxes with pizza, due to the cold and rainy weather, a fun time was had by all at the family Easter Hunt. The kids had a ball making Easter craft and playing games but especially loved searching for the eggs the Easter Bunny hid for them to find. I think there were a few parents with chocolatey smiles too.



The kinder raised \$114 from the entry fees and \$267 from raffle ticket sales. Thank you so much to all those who donated items to make up the 12 fabulous prizes. Congratulations to all the winners including the grand prize winner - the O'Farrell family.

## Who likes to shop?

The fundraising committee would like to find out who may be interested in an organised shopping tour later in the year. The price would depend on how many shoppers came along. There are some fantastic outlet shops that we can visit with lots of great bargains. Shop for birthdays or Christmas or shop just for the fun of it. Who doesn't love a bargain? Please see the form by the sign in book for more details.

Let's go shopping.



## Move, Play & Go! - Tips for healthy living

'Go for your life' is a Victorian Government initiative which aims to promote healthy eating and increase levels of physical activity. Search the A to Z index for hundreds of ideas to help you stay happy, healthy and active.

### A great resource

#### Healthy recipes

Find hundreds of healthy, tasty and easy to prepare recipes categorised according to ingredients, dietary requirements and meal type.

Look for healthy recipes based on an ingredient, category or meal type.

All recipes also have the full nutritional analysis provided.

#### Quick tips

Offer a wide variety of foods every day.

Encourage healthy eating for everyone in the family.

Let your child decide if they are full or hungry.

Offer healthy snacks between meals.

Encourage children to help prepare meals.

Encourage water as the main drink.

Enjoy family mealtime and activities together.

Set limits to inactive times.

Encourage a minimum of 60 minutes of planned, structured active play.

Allow for at least 60 minutes (spread over the day) and up to several hours per day of creative unstructured play.

Sweet drinks such as juice, cordial and soft drink are not necessary.

<http://www.goforyourlife.vic.gov.au/>



Be happy  
and healthy

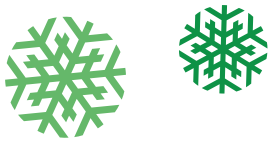


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# CRAFT

ideas



THINGS to do  
PLACES to go  
PEOPLE to see

## Egg Carton Art

Start collecting your egg cartons because there are so many things you can make with them.

Here are some ideas to get you started

### ArtPlay

ArtPlay initiatives aim to integrate educational programming into our activities to offer improved opportunities in education and the arts; to unde...

### Electrolux Cooking School At Queen Victoria Market

Be inspired! Join Melbourne's top chefs and enjoy appetising cuisines. The Electrolux Cooking School is ideal for lovers of fine food and culture. ...

### Eureka Skydeck 88 SOUTHBANK

Nothing you have ever experienced will prepare you for the awe inspiring views from the highest viewing platform in the Southern Hemisphere at Melb...

### Flight Experience Australia

Flight Experience puts you in the pilot's seat. Based on the world's most popular and successful aircraft the 737-800 the Flight Experience fully e...

### Flymotion Action Zone DOCKLANDS

The Flymotion Action Zone consists of the latest in action adventure amusements. Most of these high action family activities are based on a new adv...

### Imax Melbourne - Cinemas - CARLTON

IMAX is the largest and most exciting film format in the world, with crystal clear images 10 times larger than traditional cinema format. The IMAX ...

### M9 Laser Skirmish SOUTHBANK

Participants are transported into another world with the latest and greatest technology providing an exhilarating atmosphere for kids and adults al...

### Melbourne 360 Degrees - Observation Deck At Rialto

Offering spectacular 360 degree views from the top of the renowned Rialto building, right in the very heart of the city, this Melbourne landmark is...

### Melbourne Aquarium MELBOURNE

Home to thousands of aquatic animals, the must-see Melbourne Aquarium is an entertaining and educational experience with four exciting worlds to di...

### Melbourne Zoo PARKVILLE

Be filled with awe and wonder as you explore the award-winning Melbourne Zoo. With more than 300 species of animals from all over the world, you w...

\*Information from [www.thatsmelbourne.com.au](http://www.thatsmelbourne.com.au)

Visit the web site for more information and heaps more ideas on what to do with the kids in the holidays.

Don't forget to check out your 'Entertainment Book' for discount vouchers.

## Caterpillar

Cut an egg carton in to sections 3 or 4 eggs long.

Paint or colour with markers.

Add pipe cleaners for legs and antennas.

Add cut out eyes or googly eyes from a craft shop.



## Ladybug

Separate 1 egg cup from a carton.

Paint or colour the egg cup in red and black.

Make 6 holes for legs and 2 holes for antenna then push through pieces of black pipe cleaner.

Add eyes.

## Flowers

Cut triangle shapes from an egg cup to make petals.

Stick a straw or pipe cleaner to the bottom to create stems.

Colour the flowers with paint or markers or cover with coloured paper.



## Other ideas

You can also create spiders, bats, turtles and weird and wonderful bugs. Use different materials such as tissue paper, sequins, glitter & feathers - use your imagination and be creative!

