

DIAMOND VALLEY BUSHWALKING CLUB INC.

VIC ASSOC No. A 0010907B

WINTER WALKS PROGRAM (Issued 19 June 2009)

June - December 2009

Emergency contact system.

All walks

All enquiries about late return of members must first be directed to the Leader's home telephone number.

Do not ring the Police as they will know nothing of the Club's activities and should only be informed if the Club through appropriate Committee members believe that the party is in danger. Premature contact with the Police could seriously waste their time and may cause difficulties for the Club later.

Backpacks and base-camps

Leaders are to advise participants of the name and telephone number of the person with emergency contact details. As above the first enquiry is to be to the leader's home telephone number. The emergency contact person is only to be contacted if there is no response from the Leader's home. It is the Participant's responsibility to advise others who may be concerned about them of those details.

Cancellation of Walks

If leaders are unable to lead their programmed walk, they are requested to arrange for another member to lead the walk, rather than cancel it.

Grading of walks

Ramble: Walks mostly on level and even terrain with emphasis on visits to areas where social activities can be included. Walking time 4 to 5 hours, 6 to 8 km.

Easy – Easy walking, gently undulating terrain, mostly on formed tracks. Suitable for most people. Walking time 4 to 5 hours, 10 to 15 km.

Easy / medium – Gently undulating terrain, mostly on formed tracks with some short climbs. Walking time 4 to 5 hours, 10 to 15 km.

Medium – Some of the walk not necessarily on formed tracks, with some sustained climbs (1 km or more). Walking time 5 to 6 hours, 10 to 20 km.

Medium / hard – As for medium but includes rougher terrain, ie: heavy scrub, rock scrambling or longer climbs or descents. Walking time 5 to 6 hours, 10 to 20 km.

Hard Consistent walking in difficult terrain, rock scrambling, thick scrub, steep ups and downs, creek crossings. Experienced and fit walkers only. Walking time 6 to 10 hours, 10 to 20 km.

Exploratory. Walks in terrain unfamiliar to the Leader but does not necessarily mean a difficult walk.

It is most important that before you consider going on any walk, particularly those graded medium or more strenuously, you should consider whether you are sufficiently fit and experienced and have the necessary equipment. All walkers are not necessarily suited to all walks. Please check the grade and classification of the walk and if you have any doubt check with the Leader.

Limitations.- Walk leaders will limit numbers participating depending on the nature of the walk.

Sunday walks

To assist with planning all day walkers should notify the leader no later than Thursday prior to a walk.

Wednesday walks

To assist with planning, all walkers wishing to participate in any Wednesday walk should book in with the Leader no later than the Monday prior to the walk.

Backpack, Base camp etc.

All walkers intending to participate in a weekend activity must notify the Leader at least 10 days prior to that weekend, to assist with planning.

Bike Rides

Your bike must be in good condition and, unless you are super fit, that your bike has gears and you know how to use them. In particular you must have a spare tube which will fit your bike in case of puncture and some tools to remove your wheel (or quick release levers) and tyre.

Other Information

All scheduled walks are run regardless of the weather although the Leader may at his/her discretion change or cancel the walk to suit conditions on the day, particularly if safety warrants such as on Total Fire Ban Days.

People who book where it is necessary to pay a fee eg. Wilson's Promontory, must pay after they have booked whether or not they can attend. Also remember that if you have booked for a walk and cannot attend please inform the Leader as soon as you know.

Additional walks

If there is a free Sunday, or if you want something different then volunteer to **Denys** to lead your favourite walk or try out a new walk.

Transport costs and driver re-imburement.

A rate of 25 cents per kilometre has been determined by the committee to be the fair and equitable average running cost of a car. This does not include general wear and tear on the car, only actual running costs. This rate is divided amongst the number of passengers in the car and does not include the driver. The driver has the responsibility of driving and ensuring vehicle is roadworthy, adequately fuelled for the trip as well as any cleaning of the car after the activity. Where there are the same number of passengers in each car the payment to the to the car driver will be the same for each passenger on that activity.

The rate is 25cents per kilometre divided by the number of passengers. A round trip of 120 kilometres (ie 60 km each way) with three passengers will cost \$10.00. See examples below of the cost per passenger:-

Number of passengers	Round Trip Distance in Kilometres.										
	60	75	100	120	140	160	180	200	220	240	260
2	7.50	9.40	12.50	15	17.50	20.00	22.50	25.00	27.50	30.00	32.50
3	5	6.25	8.35	10	11.70	13.35	15.00	16.70	18.35	20.00	21.70
4	3.75	4.70	6.25	7.50	8.75	10.00	11.25	12.50	13.75	15.00	16.25

It is practicable to round up to the next dollar for ease of payment.

A short hand method:- Divide the total distance by 4 and call it dollars. Divide the dollars by the number of passengers. So a round trip of 150 km divided by four is \$37.50 divided by 3 passengers is \$12.50.

If you have more in some cars than others you also need to multiply the dollars by the number of cars and then divide by the number of passengers. If all cars are full then because large cars may use more fuel you could have those drivers taking extra because of size also receiving extra. Leaders are to use their discretion.

Responsibilities of walkers participating in club walks

11. Be punctual in arrival at the meeting place.
12. Advise leader in good time if unable to come.
13. Be appropriately clothed for bushwalking. Wear strong footwear and carry a waterproof jacket and overpants. Check with leader if unsure of proper clothing for walks.
14. Advise leader of any illness or injury before commencement of walk.
15. Be willing, where possible, to share driving with other members of the group.
16. Accept responsibility to keep up with the group, neither strolling behind, taking side paths, or tearing on ahead.
17. Let the leader know if you are experiencing any problems during the walk.
18. Have with you any necessary medication or first aid equipment you may require during the walk.
19. Carry the **personal emergency information sheet** in their pack on all walks.
20. Participants to evaluate carefully their ability to cope with the planned walk.
21. Bring a change of footwear so that you do not have to travel in other member's cars with muddy boots on during the return trip home. A change of clothing may also be appropriate at certain times of the year.
22. To have whatever accident income protection, ambulance and medical insurance as they may require for their own personal circumstances. The Club does not arrange such insurance.

Personal emergency information

All club members are required to carry the **personal emergency information sheet** in their pack on all walks.

Leader's Responsibilities

23. Learn all about the area you are walking in. Plan the route to be followed and have alternatives to fall back on in the event of trouble.
 24. Know your group. Be sure they are capable of doing the planned walk.
 25. See that transport is arranged for every member.
 26. Ensure that all members are fully informed on details of meeting places, times and any special requirements regarding clothing, food or water.
 27. Count and make a written list of party members, including visitors before moving off and make numerical checks along the track. Retain the list for insurance purposes.
 28. Introduce new members, encourage inexperienced members, discourage race horses. Make sure you get to talk to all members of the group during the walk.
 29. Appoint a "Whip". If there are more than 18 members then appoint a deputy leader as well.
 30. Control the pace of the group – keep it slow at first until the members have warmed up, then settle on the speed of the slowest member.
 31. Have regular rest periods.
 32. Keep the party together – keep slow walkers well up the line – not dragging in the rear.
 33. If faced with difficulties, discuss the situation with other experienced members.
 34. Point out features of interest along the track.
 35. Demonstrate map position and progress along the way.
 36. Final participation on walk rests with leader evaluation. Leaders have the responsibility to refuse to take inadequately equipped (food clothing water) walkers on any trip. Group safety and enjoyment is paramount
- 15 Leaders are asked to keep a list of walkers participating, complete any prospective members attendance slip on their nomination form, collect Visitors fees of \$5.00 per Visitor (a Prospective member is NOT a visitor) and ENSURE that the Acknowledgement of Risks and Obligations by Non-members form is signed BEFORE the walk start and hand the list and money to any Committee Member or to the Secretary at the next Meeting or post to PO Box 536 Eltham 3095. Walk list can be emailed to Chris.

Newsletter walk reports

Walk Leaders are encouraged to arrange for one of their party to submit a small summary of their walk to the Newsletter Editor for publication in *Bush Telegraph* (published quarterly).

Editor: Michael C.

More information

If you need more information about the club and its activities then please feel free to contact;

Club Information dvbwc@yahoo.com.au

or write to us at: **P.O. Box 536 Eltham VIC 3095.**

June 2009

3	Wed	<p>Walk: Pyalong. Undulating, pastoral views, former railway track, E. 12 km.</p> <p>Walk: Macleod Area. Winter social walk. A few easy hills, some bush, some paths and parks. E. 12 km.</p>
7	Sun	<p>Walk: Rubicon Tramlines & Aqueduct. A walk through alpine ash forest to an aqueduct & pipeline that supplies water to the Rubicon Power Station. Great view here. Then on a service tramline alongside the aqueduct up to the Rubicon Dam. On the way we pass a disused timber mill, still intact, and the Royston mini Power station. Other interesting points include a couple of deteriorated trestle bridges and sections of the pipeline that comprise riveted iron pipes and timber staves bound by iron hoops. E/M. 17 km.</p>
10	Wed	<p>Walk: Dandenongs. Several tracks in the Sherbrooke forest area including Hackett, Hillclimb & Ridge tracks. Very picturesque area' often with lyrebird sightings. E/M. 12 km.</p> <p>Walk: Pyrete Range is off Hobbs Road off the Gisborne Melton Road and is part of the Lerderderg State Park. This was walked as a Sunday walk early in November as an exploratory map reading navigation training walk and enjoyed by all. A maximum of 16 will be set for this walk. All participants are expected to take part in navigation. You will be working in pairs and with instruction from the leader. There are some short steep sections but we can avoid the worst of them. There will be easy off track walking in two sections. This is eroded country where the rivers have cut through the lava flows to softer older rock below. M. 9.5 km. CANCELLED</p>
11	Thurs	<p>The Archibald Prize Portrait Exhibition to be held at the Bendigo Art Gallery. Here's the only chance to see the finalists in Victoria. We will be leaving on the 9.03am train from Eltham, then departing from the Southern Cross Station at 10.15 .The return train leaves Bendigo at 4.25pm but there are later trains if preferred (some members may have a Seniors Travel Voucher to be used).</p>
14	Sun	<p>Walk: You-Yangs. Scenic walk with views to Mt Macedon & Brisbane Ranges. See Aboriginal rock wells. E/M. 13 km.</p>
17	Wed	<p>Walk: Diamond Creek, hills and dales. Return along the creek, E/M. approx. 15 km. Walk: Research - Kangaroo Ground, visit Kangaroo Ground War Memorial Tower via the Aqueduct Trail and country roads. E/M. 10 km.</p>
18	Thurs	<p>Club Meeting Metzner Hall 8pm. Chris and Heather will give a talk entitled <i>Tour du Mont Blanc</i></p>
21	Sun	<p>Walk: McMahons Creek Goldfields. Walking through old gold-field area. Some steep uphill. M. Approx 9 km.</p>
24	Wed	<p>Ramble: Mullum Mullum Creek. A good natter walk. Easy walking and a coffee in a nice atmosphere half way round. 9.00 am start at M34 J9 car park. E. 5.5 km.</p> <p>Walk: Warrandyte - Gold mine area. Walking along tracks, reserves, and small section of roads around warrandyte area, close to home. E/M. approx 10 km.</p>
28	Sun	<p>Walk: Olinda Valley & Falls. The walk commences at Woolrich Lookout with views of the Silvan Dam, passes through the arboretum and then descends through native forest following quiet tracks, includes a viewing of Olinda Falls. M/H. 16.3 km.</p>

July 2009

1	Wed	<p>Walk: Eltham-Diamond Creek. 2 coffee shop walk. E/M. 16 km.</p> <p>Walk: Birds Land. A short walk at Tecoma; a scenic walk past lakes, bushland, city views and ample wild life. E/M. 10 km.</p>
5	Sun	<p>Walk: Warrandyte. A walk along the Yarra through Warrandyte State park to Jumping Creek and onto Stanebrae and return. E/M. 16 km.</p>
6-9	Mon-Thu	<p>Back Pack: Grampians - Major Mitchell Plateau. Start at Sheep Hills Carpark, 3km south of Mt William Rd. Elevation change: Day 1: 640m, Day 2: 850m, Day 3: 190m 40.7km Hard</p>
8	Wed	<p>Walk: North bank of the Yarra to Morrison's Reserve returning via Eltham's linear parks and the Diamond Creek walking track. Start and finish near Wingrove Park. M. 15km.</p> <p>Walk: Darebin Parklands to Fairfield Boathouse and Return. Walk starts and ends at Separation Street entrance to Darebin Parklands in Alphington. Visit information display then circumnavigate Darebin Parklands. Walk to river, then along riverbank to Fairfield Boathouse and return on opposite side of river. Optional morning tea at Fairfield Boathouse. E. Approx 8.8 km.</p>
12	Sun	<p>Walk: Lerderderg Gorge. Lohs Lane to Ah Kow ruins. Down lower Chadwick track along the dry river bed to Ah Kow ruins, followed by a steady up hill on the Ah Kow track. M/H. About 10 km.</p>
15	Wed	<p>Walk: Cobaw State Forest, via Lancefield. Small section off-track. 12 km. E/M.</p> <p>Bike Ride: From Hays Paddock we will follow the Yarra Trail to Burnley. Then the Gardiners Creek Trail to Alamein and back to Hays Paddock following the old Outer Circle Railway Track. M. 45km.</p> <p>Walk: Maribyrnong River Brimbank Park including views to City skyline and get away from the suburbs in the suburbs. Gorge Walk, historic bridge E. 14 km.</p>
16	Thurs	<p>Club Meeting Metzner Hall 8pm.</p>
19	Sun	<p>Walk: Warrandyte - Gold mine area. Walking along tracks, reserves, and small section of roads around warrandyte area, close to home. E/M. approx 10 km.</p>
22	Wed	<p>Walk: Woodlands Historic Park and Gillibrand Hill. (Good View). Pleasant walk, usually Kangaroos. Homestead may be open. E. 12 km. approx.</p> <p>Walk: Grants Picnic Ground to Woolrich Lookout. A walk through the Dandenong Ranges including Alfred Nichols Gardens, a short car shuffle will be required. Limit of 15. M. 13km.</p>
26	Sun	<p>Walk: Sugarloaf Reservoir. Circumnavigate the reservoir. A climb to the high point for city views & lunch. Plenty of Kangaroos to be seen. E/M. 15 km.</p>
29	Wed	<p>Walk: Eltham-Doncaster East (Beazley's Coffee Shop) E. 12 km. Walk through parklands, beside rivers and creeks.</p> <p>Walk: Blue Lake. Walk from Greensborough along Plenty River walking track, through Plenty Gorge to Blue Lake. Not a long walk, but through some true Aussie bush close to home. E/M. 11 km.</p>

August 2009

2	Sun	Walk: Dandenongs from Silvan Dam to Mt Evelyn (return)
5	Wed	<p>Walk: Public transport to Kooyong station, then a pleasant walk along the river via Collingwood children's farm, to Fairfield. Possibility of coffee or cool drink at Fairfield boat house or at Fairfield station before catching our train home. E.</p> <p>Bike Ride: Blackburn Lake to the City. A ride on bike trails from Blackburn Lake to the city, returning from Hawthorn Station by train. M. 50km.</p> <p>An E/M. or Medium walk required</p>
8	Sat	Social Function: OxFam Country Dance – Eltham North Community Hall from 7.30pm. Cost: \$20 individual. \$50 family. A delicious supper is provided - BYO Drinks. Join the Bushwalking Club table.
8-9	Sat-Sun	Bush Walking Victoria 75th Anniversary Weekend
9	Sun	Walk: Healesville. Donnelly's Weir to Maroondah Dam and return. Undulating forest walk with views of Maroondah Dam. Opportunity for coffee afterwards. E/M. 10-12 km.
11	Tue	Social Event: Fox Classic Car Collection & Docklands Art Journey We will be leaving on the 09.03 train from Eltham for a 10 am start at the car museum (entry fee \$8). Following a picnic lunch, the Art Journey involves a stroll of approx 3 km to examine some of the outdoor art and architecture in the Docklands precinct.
12	Wed	<p>Walk: Cranbourne Botanic Gardens. Follow the many walking tracks through the bushland of this extensive native garden reserve (363 hectares). Return to the Visitor's Centre to tour the Australian Garden with its amazing landscape(entry fee \$9.00 or \$6.75 concession). E. 5-6km.</p> <p>Walk: Ferntree Gully. This walk incorporates the Kokoda Memorial Track and some of the undulating trails in the area. It,s a good walk with some effort required and care will be needed on the "thousand steps" as they are steep and will be slippery after rain. Walk. M - M/H. (2 steep up-hills) approx.15 km.</p>
16	Sun	Walk: Greens Bush circuit. 15 km. approx. E/M.
19	Wed	<p>Walk: Sugarloaf Reservoir Circuit A circuit of the reservoir, gently undulating. One hill, before lunch. Plenty of kangaroo sightings and good views. E/M 16k.</p> <p>Another walk required</p>
20	Thurs	Club Meeting Metzner Hall 8pm. Gary Backhouse will be the speaker at the 20 August meeting. His talk will be on <i>Native Orchids of Victoria</i> .
23	Sun	Walk: Watsonia to MacLeod, through Gresswell Forest Reserve, parkland and streets. This should be a perfect time to see a variety of wattles and other species in bloom. E. 10 km.
26	Wed	<p>Walk: Macedon Ranges Walking Trail. Walk the circuit from Mt. Macedon Village up Mt Macedon to the cross, then Camels Hump, Sanitorium Lake and Mt Towrong, back to the village. M. 15 km.</p> <p>Another walk required</p>
30	Sun	Walk: Blue Tongue Bend. A pleasant meander through the riverside bush at Warrandyte. Possibly some early orchids. E/M. approx 12 km. Coffee in Warrandyte after is a possibility.

September 2009

2	Wed	
6	Sun	
9	Wed	<p>Walk : Bolin Bolin Billabong, Bulleen. A walk along both sides of the Yarra, including the Bolin Bolin Billabong on the east side and the Artists Trail on the west side in the Ivanhoe area. E. 11 km.</p> <p>An E/M. or Medium walk required</p>
13	Sun	
16	Wed	
17	Thurs	Club Meeting Metzner Hall 8pm.
20	Sun	
23	Wed	<p>Walk: Pyrete Range is off Hobbs Road off the Gisborne Melton Road and is part of the Lerderderg State Park. This was walked as a Sunday walk early in November as an exploratory map reading navigation training walk and enjoyed by all. All participants are expected to take part in navigation. You will be working in pairs and with instruction from the leader. There are some short steep sections but we can avoid the worst of them. There will be easy off track walking in two sections. This is eroded country where the rivers have cut through the lava flows to softer older rock below. M. 9.5 km. A maximum of 16 will be set for this walk and 10 have been prebooked from cancelled walk. No bookings until Wednesday 16 September.</p> <p>Walk: Kangaroo Ground – Environmental Zone. Walk towards Sugarloaf Reserve on unsealed roads. E/M 13km.</p>
27	Sun	
30	Wed	Walk: Warrandyte- Gold Mine area. Walking along tracks, reserves, and roads around Warrandyte area, close to home. E/M. approx 10 km.

October 2009

4	Sun	
3-4	Sat-Sun	Base Camp: Rye. Two walks planned by caring leaders with above average navigation skills. Limited accommodation available.
7	Wed	
11	Sun	
14	Wed	Walk: Mill Park lakes – Lunch at Farm Virgano gardens in South Morang. E/M 15km.
15	Thurs	Social Meeting and Club Annual General Meeting, Metzner Hall 8pm.
17-18	Sat-Sun	Base Camp: Airey's Inlet. 2 nights staying at Airey's Inlet Caravan Park www.aicp.com.au Fri 16 & Sat 17 Oct, choice of cabins and powered sites. Actual walks will depend on the weather. Optional restaurant dinner on Sat night.
18-22	Sun-Thu	Base Camp: Tidal River. Group lodge booked for 12 people, Shared accommodation. Walks will vary from 10km M to 20 km E/M (Sealers Cove). This is the Base Camp rescheduled from March, due to the bushfires. Although all places are taken, you could book on the waiting list in case of cancellations. Contact Pam for details.
21	Wed	Bike ride: Belgrave to Bayswater. Ride through parks & gardens in Outer Melbourne. Includes short train-ride. E/M. 45 km.
25	Sun	
28	Wed	Bike Ride: Ringwood to Ferntree Gully via Eastlink and Blind Creek trails, return via Dandenong creek and Eastlink.trails. No roads, no gravel. E. 35 km. Walks Required

November 2009

1	Sun	
4	Wed	Walk: Tanglefoot Track. A well-known and very enjoyable walk that is still open in spite of the bushfires in the vicinity. M. 16.5 km. Another walk required
8	Sun	Walk: Olinda Forest Walk A walk through the Robert Hamer Arboretum, exotic trees in spring and views of the Dandenongs. 12Km E/M
11	Wed	Walk: Warrandyte State Park. Walk along Yarra River, Blackflat reserve, Jumping Creek reserve, Blue Tongue reserve and Stane Brae reserve. E/M. 14 km.
15	Sun	
16-21	Mon-Sat	Base Camp: Wilsons Promontary. Walk to Sealers Cove and to the Lighthouse. Accommodation has been booked for 8 people staying in cabins at Tidal River and at the Lighthouse. For details and reservations contact
18	Wed	Walk: A walk along the Yarra River. Starting at Mullum Mullum Reserve, walking through Currawong Bush Park then onto the main Yarra Trail to Westerfolds Park. Completing a circuit of Westerfolds Park and then returning on the Yarra Trail. M. 22 km. approx. Walk: Seaholme to Williamstown. Public transport to Seaholme and walk along coast to Williamstown. Plenty of seabirds and coffee at Williamstown. E 11km
19	Thurs	Club Meeting Metzner Hall 8pm. Photographic Competition
21-22	Sat-Sun	Base Camp: Heathcote. 2 nights staying at Heathcote Queens Meadow Caravan Park 5433 2304. Saturday Walk Dargile Forest and Mt Ida, M 17km. Sunday walk McIvor Range E. 10.4km.
22	Sun	
25	Wed	
29	Sun	

December 2009

2	Wed	
6	Sun	
9	Wed	
13	Sun	
16	Wed	Bike Ride: Christmas Ride & Lunch at Westerfolds Park. Ride Yarra trail from Westerfolds Park towards city and back. Christmas lunch with the walkers. E. About 20 km. Christmas Walk & Lunch at Westerfolds Park.
17	Thurs	Christmas Party Metzner Hall