



**Dandenong Ranges & District
Swimming Association Inc. (Est. 1958)**

NINTH ANNUAL SPRINT MEET

**An Opportunity to Qualify/Improve Times for State Sprints
(A Proposed Qualifying Meet)**

**MSAC Outdoor Pool, Aughtie Drive, Albert Park
SUNDAY 24TH JANUARY 2010**

Pool entry and Warm Up 7.30am; Events Start 8.30am

Program of Events

M / F				M / F						
1	2	13 & Over	100M	Butterfly	41	42	10 to 12 yrs	100M	Freestyle	
3	4	9 & Under	50M	Butterfly	43	44	13 years	50M	Butterfly	
5	6	10 years	50M	Butterfly	45	46	14 years	50M	Butterfly	
7	8	11 years	50M	Butterfly	47	48	15 years	50M	Butterfly	
9	10	12 years	50M	Butterfly	49	50	16 & Over	50M	Butterfly	
11	12	13 & Over	100M	Breaststroke	51	52	10 to 12 yrs	100M	Breaststroke	
13	14	9 & Under	50M	Breaststroke	53	54	13 years	50M	Breaststroke	
15	16	10 years	50M	Breaststroke	55	56	14 years	50M	Breaststroke	
17	18	11 years	50M	Breaststroke	57	58	15 years	50M	Breaststroke	
19	20	12 years	50M	Breaststroke	59	60	16 & Over	50M	Breaststroke	
21	22	13 & Over	100M	Backstroke	61	62	10 to 12 yrs	100M	Backstroke	
23	24	9 & Under	50M	Backstroke	63	64	13 years	50M	Backstroke	
25	26	10 years	50M	Backstroke	65	66	14 years	50M	Backstroke	
27	28	11 years	50M	Backstroke	67	68	15 years	50M	Backstroke	
29	30	12 years	50M	Backstroke	69	70	16 & Over	50M	Backstroke	
31	32	13 & Over	100M	Freestyle	71	72	10 to 12 yrs	100M	Butterfly	
33	34	9 & Under	50M	Freestyle	73	74	13 years	50M	Freestyle	
35	36	10 years	50M	Freestyle	75	76	14 years	50M	Freestyle	
37	38	11 years	50M	Freestyle	77	78	15 years	50M	Freestyle	
39	40	12 years	50M	Freestyle	79	80	16 & Over	50M	Freestyle	

LUNCH

BREAK

In 50m events, medals will be presented to the first three placegetters

For 100m events, medals will be awarded in age groups: 10 yrs, 11/12 yrs, 13/14 yrs, 15yrs & over

CONDITIONS OF ENTRY

1. Conducted under the rules of Swimming Australia Limited and Swimming Victoria Inc.
2. Entries are open to **registered** members of Swimming Victoria affiliated Clubs, except those referred to in Point 3 below.
3. Members of ALL clubs eligible to compete at 2010 Victorian Country Championships (as per Schedule F of SV's General By-Laws: <http://bit.ly/zZ7Kz>) are not permitted to enter this meet due to the 2010 Victorian Country Championships being held over this same weekend.
4. All events will be swum as timed finals. AOE and SAT will be used.
5. Age as at 24th January 2010.
6. Entries on SV entry form. **Entries close Friday 15th January 2010.**
7. Clubs are encouraged to submit entries electronically via a Team Manager file with Club cheque and summary sheet posted to the address below; email entry file to sprintmeet@hotmail.com
8. The Team Manager file will be available from the Metro East website by 1st November 2010.
9. \$9.00 per event. (including \$1 SV Approved Meet Levy)
10. **PAYMENT BY CHEQUE OR MONEY ORDER (ONLY) MADE OUT TO DRDSA.**
11. **PLEASE NOTE: METRO EAST IS UNABLE TO ACCEPT CREDIT CARD PAYMENTS.**
12. Email enquiries to sprintmeet@hotmail.com
13. Entries to be sent to Heather O'Connor, Unit 1, 5 Amber Grove, Mt. Waverley, 3149; ph: 0421 708 902.
14. If it is necessary to restrict numbers; entries will be accepted in order of receipt.
15. Refund of entry fees will only be provided if the entry is rejected.
16. Metro East reserves the right to cancel alter or combine any event.
17. MSAC Pool entry is **FREE FOR ALL SWIMMERS AND SPECTATORS.**
18. Meet timeline will be available on Metro East website after 20th January 2010.
19. Results will be posted on the Metro East website <http://home.vicnet.net.au/~drdsa/home.htm>