



## STATE CHAMPIONSHIPS

UNDER 9 TO 15 ATHLETES



### 2007-08 REGIONAL/STATE INDIVIDUAL TRACK & FIELD CHAMPIONSHIPS

**Regional Track & Field, (Southern Metropolitan Region) - (State Heats)**

**Saturday & Sunday, 16<sup>th</sup> & 17th February, 2008 (Ballam Park, Frankston)**

**State Track and Field - (Finals), for qualifiers,**

**Saturday & Sunday, 15<sup>th</sup> & 16th March, 2008 (Bendigo)**

### 2007-08 STATE MULTI-EVENT CHAMPIONSHIPS

**Saturday, 1<sup>st</sup> March (U9-11 & U12Boys) &**

**Sunday, 2<sup>nd</sup> March (U12 Girls & U13-15), 2008 (Albury)**

Now is the time to consider if you might like to compete in the Regional/State Track & Field and/or State Multi-Event Championships while representing Brighton Little Athletics Centre. These events give U9 & above athletes the opportunity to compete against other athletes from other centres in events the same as they compete in on a regular Saturday morning.

The Track & Field competition is spread over two days and as was the case for the relays, athletes must qualify at Region before they can compete at the State Track & Field.

Events available are:

<b>70 metres sprint</b>	U9 to U12	<b>300 metres Hurdles</b>	U13 to U15
<b>100 metres sprint</b>	All age groups	<b>1100 metres Walk</b>	U9 to U10
<b>200 metres sprint</b>	All age groups	<b>1500 metres Walk</b>	U11 to U15
<b>400 metres sprint</b>	All age groups		
<b>800 metres</b>	All age groups	<b>Long Jump</b>	All age groups
<b>1500 metres</b>	U11 to U15	<b>Triple Jump</b>	All age groups
<b>60 metres Hurdles</b>	U9 to U12	<b>High Jump</b>	All age groups
<b>80 metres Hurdles</b>	U9 to U13 Boys, U9 to U14 Girls	<b>Shot Put</b>	All age groups
<b>90 metres Hurdles</b>	U14 Boys, U15 Girls	<b>Discus</b>	All age groups
<b>100 metres Hurdles</b>	U15 Boys	<b>Javelin</b>	U11 to U15

The Multi-Event Championship is a 5 event competition that encompasses both field and track events; 100m; 800m; 80/90/100m Hurdles, (depending upon age); Long Jump and Discus. It is the Little Athletics version of a decathlon or heptathlon. This Championship entry is direct to State, meaning that no qualifying event is required. This championship really suits those athletes who are good all-rounder's. Points are awarded for each event and athletes are given a final tally at the completion of their 5 events.

**How to enter;**

For T&F, athletes may enter a **maximum** of 4 events. The entry fee is \$ 5 per event. For the Multi-Event, the entry fee will be known shortly. Entries for both events close with me on December 15. If you would like to compete **it is vital** that you let us know your proposed events **ASAP by completing the attached form and returning to me or your club president**. Correct payment must accompany your entry. If you **cannot** let us know by using the attached form by December 15, you **must** telephone or email me **as soon as you decide**.

**Parents:**

Please note that during these Championship events, duties are assigned to us by the organising body, and are largely determined by the number of participating athletes. We must emphasise that **ALL** parents will be required to do a duty on either or both days. No prior experience is required.

As is the case with all Regional/State Championship events, strict competition regulations, as set by the Victorian Little Athletics Association, will be followed so please note the following points.

**Uniform:** All competitors must wear a Brighton Centre competition top and navy shorts with no logo, or a logo small enough to be covered by a 3x3 cm square. Shorts with no logo are best. Athletes not in correct uniform will not be allowed to compete.

**Footwear:** Only U12-U15 may wear spikes and there are specific rules associated with the use of them. If you are intending to use these please clarify these rules by checking with me or the VLAA website. U9-11 may wear track shoes that have integrated rubber "spikes".

Please contact me (9593-3194 or panddmccann@yahoo.com.au) if you have any questions or concerns relating to this entry.

Debbie McCann,  
Team Manager.

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**ENTRY FORM**

*Athletes may enter up to 4 Individual T&F Events and/or the Multi Event. To be eligible to enter, they must have competed on at least half the competition days since they registered.*

NAME \_\_\_\_\_ AGE GROUP: Under: \_\_\_\_\_ B / G

EVENT 1 \_\_\_\_\_ EVENT 2 \_\_\_\_\_

EVENT 3 \_\_\_\_\_ EVENT 4 \_\_\_\_\_

MULTI-EVENT YES / NO

**Parent/Guardian Consent**

I support my athlete's entry and agree to undertake rostered duty.

Signed \_\_\_\_\_ Name \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_