

BANYULE BICYCLE USER GROUP — RIDES PROGRAM 2009

Rides start from Heidelberg Park (Melway ref 32 B4) unless otherwise indicated. **Visitors are welcome to just turn up. Flexible ride options will be available at 9:00am Sundays or 10:00am Tuesdays and Fridays to cater for newcomers and others seeking to improve their riding fitness. For further details contact Graeme W. 9435 9687.** Leaders can also provide additional information if required.

EasyRide: every Tuesday and Friday **10.00am** – relaxed pace and informal, with break for coffee/snack/chat.
Contact: Les B. 9435 0615 for further details.

HarderRide: every Tuesday and Sunday **9.00am.** BYO morning tea. Check program below.

June	Ride/Event	Description	Leader
Tue 2	<i>Hawkstowe Park</i> 50 km	River Gum trail to Watsonia (H1), Ring Rd, Upper Darebin Ck. Trail, Mill Park Lakes. Return Plenty Rd path, Ring Rd, Plenty River Trail.	Maurie A/ 0409 186082
Sun 7	"Riders' Choice"	Rider who suggests is leader, otherwise by agreement	
Tue 9	"Riders' Choice"	Rider who suggests is leader, otherwise by agreement	
Wed 10		General Meeting – Watsonia Library 8:00pm	
Sun 14	<i>Diamond Creek</i> 40 km	Out and back by Diamond Valley Trail to Diamond Creek for break.	Robert T/ 9457 1980
Tue 16	<i>Craigieburn</i> 73 km	Out through Springthorpe (H2 to Waiora Rd), Bundoora Pk, Ring Rd & Hume Trail to Craigieburn (break at "Whittlesea Public Gardens" Lalor). Lunch in Roxburgh Park, then home by Broadmeadows Valley Trail (long downhill), Moonee Ponds Creek Trail, streets to Merri Ck Trail.	Alan P/ 9435 9421
Sun 21	<i>Wattle Park</i> 35 km	Out by Koonung & Bushy Creek Trails, Box Hill streets (H2) and Gardiner's Creek Trail. H1 into Park. Return by streets, path, streets (short H2-3) to Ann. Trail at Hartwell	Graeme W/ 9435 9687
Tue 23	<i>Hedgeley Dene Gardens.</i> 45 km	Anniversary trail (H2 & H1) to Gardiner's Ck. Break at Hedgeley Dene Gardens. Home by Yarra Trail (H1 & H2).	Robert R/ 9439 1078
Sun 28	<i>Williamstown</i> 65 km	Wilson reserve, Rushall station, Capital City and Footscray Rd trails. Fish and chips at Williamstown. Return same.	Richard B/ 9459 8648
Tue 30	<i>Ceres</i> 35 km	To Fairfield by Yarra Trail, then Merri Creek Trail to Ceres for break. Continue on Merri Creek Trail to Fyffe St exit and streets east.	John G/ 9439 3884

July

Sun 5	<i>Valley Reserve</i> 50 km	Anniversary Trail (some H1 and 1 x H2), then follow rail to Mt. Waverley (long H1) and Reserve for break. Return by Scotchmans Creek Trail back to Ann. Trail.	Lou B/ 9459 6887
Tue 7	<i>Dandenong</i> 70 km	Koonung Trail (final long climb to the Mitcham high point), streets, Dandenong Creek Trail (flat) to Dandenong. Breaks at Jells Park and Dandenong. Train (Zone 2 ticket) to Hughesdale and ride Anniversary Trail home.	Robert R/ 9439 1078
Sun 12	<i>Capital City Circuit</i> 50 km	Royal Park, Docklands (break), Southbank, Yarra Trail.	Graeme W/ 9435 9687
Tue 14	<i>Croydon</i> 45 km	Anniversary Trail to Canterbury station. Train (Zone 2 ticket) to Croydon for break. Then home down Tarralla and Dandenong Creek Trails, streets (H1) or Eastlink (2x H3), and Koonung Trail.	Les D/ 9459 2701
Sun 19	<i>Niddrie</i> 55 km.	Streets west to Maribyrnong R. At Lily St, north onto Steeles Ck Trail and follow to Valley Lake, Niddrie. Climb to Calder o'pass, then Trail to Airport West SC. Downhill to Moonee Ponds Ck at Boeing Res. Down Trail and then streets east home.	Richard B/ 9459 8648
Tue 21	<i>Westmeadows</i> ~65 km.	9.30am start to arrive midday. Capital City and Moonee Ponds Creek Trails for lunch at Westmeadows Tavern.	Alan P/ 9435 9421
Sun 26	<i>Schwerkolt Cottage</i> 42 km	Koonung Trail to Eastlink (some H3) & break at cottage. Mitcham streets to Koonung Trail home.	Graeme W/ 9435 9687
Tue 28	<i>Gardens in Lalor</i> 41 km	Out through Rivergum trail & Greensborough Rd to Ring road trail, Dalton Rd, left at David St and streets west to "City of Whittlesea Public Gardens". Return by Hume Trail, Ring road.	Maurie A/ 0409 186082
Sun 31	<i>Yarra Ride</i> 50 km	To and from break at Botanic gardens following trails on both banks of the river. Multiple H1 around the Boulevard.	Richard B/ 9459 8648

NightRide: Every Wednesday **8:00pm from Rivergum Walk at Banyule Rd pedestrian traffic lights - 20 km on Koonung trails or Yarra Trail to Westerfolds Park.** Lights required. Contact: Robert 9457 1980