

aessra

The Allergy & Environmental Sensitivity Support & Research Association

Fragrance Free Products Available in Supermarkets

This is a list of most of the unscented & fragrance free products that are available in Australian supermarkets. Their availability varies from store to store, even within any particular supermarket chain.

Some of these products may be suitable to be used around or by people who are sensitive to chemicals, have allergies or MCS. It is always best to check with a person who is sensitive to chemicals before wearing a product around them.

Just because a product says on the label that it is fragrance free or unscented does not mean that it does not contain any fragrance. Some products contain fragrance chemicals that are used as a masking agent to cover the unpleasant odour of some of the other ingredients.

Always read the label carefully & contact the manufacturer for more information. Especially be careful if the ingredients are not on the label at all.

Many members of AESSRA are very sensitive to scents, even those that are natural. Products that contain any essential oils or any other natural ingredient or extract that has a scent are best avoided.

Just because a product is okay for one person with allergies or chemical sensitivities does not mean it will be okay for somebody else. AESSRA recommends for people to test any new product before use.

DEODORANTS

Freedom Body no added fragrance, roll-on & spray
Mum Hypo –Allergenic, roll on unscented version
QV Naked - Aluminum & Fragrance Free, roll-on

Mitchum unscented deodorant, roll-on
Nivea Sensitive fragrance free, roll-on
QV Anti-perspirant, roll-on & aerosol

SOAP – Bars, Liquids & Body Wash

Aveeno Skin Wash – Fragrance Free
Freedom Soap Bar
Redwin Liquid Handwash

Dove – Extra Sensitive Beauty Cream Bar
Hamilton Mild Foam Wash – Fragrance Free
Redwin Sorbolene Wash

SHAMPOO

Akin Unscented -Very Gentle Shampoo

Simple Shampoo

HAIR CONDITIONER

Akin unscented very gentle Conditioner
Hopes Relief Herbal Unscented Conditioner

Dermoveen Oatmeal Conditioner
Simple Conditioner

HAIR GEL Alternative

Thursday Plantation Aloe Vera Gel

SHAVING

Ego-QV Wash – used by some members
Gillette Satin Care Sensitive Skin Shave Gel (women's)

Gillette Series Foam Pure & Sensitive – Fragrance Free
Gillette Satin Care Skin Soothing Gel

MOISTURISER, FACE CREAM, CLEANSER ETC

Dove – Conditioning Hand care for sensitive skin
Lucas Paw Paw Ointment
Palmers Fragrance Free Cocoa Butter
Redwin Fragrance Free, Facial Scrub & Facial Toner
Simmons Paw Paw Salve

Dove Fragrance Free Body Lotion
Macro Vitamin E Cream
Redwin Fragrance Free Facial Cream
Redwin Fragrance Free Sorbolene Moisturizer

SUNSCREEN

Hamilton 30+ Sunscreen Sensitive Milk, also in a cream & a lotion

MAKEUP

Cover Girl Clean Make-up & Clean Pressed Powder – Fragrance Free

LAUNDRY

Planet Ark Aware Sensitive Skin – **unfragranced** version